

SUMMIT 2023



REPORT OF TANZANIA'S 1st REHABILITATION SUMMIT

Date: Oct 3rd – 5th 2023,
Location: JNICC-Dar Es Salaam

INTRODUCTION

For the first time in Tanzania a summit was held that focused on various aspects of rehabilitation. The main aim was to highlight the pivotal role of rehabilitation in the transformation of healthcare services for Tanzanian communities.

This Rehabilitation summit brought together a diversity of participants including rehabilitation professionals, researchers, practitioners, policymakers, students from healthcare training institutions and stakeholders in the field of rehabilitation. Attendance of students was mainly through sponsorship. A total of 246 participants attended the event (see Figure 1). The summit was held over three days in conjunction with the 10th Tanzania Health Summit. This summit was a platform for sharing knowledge, promoting collaboration, and formulating resolutions to advance rehabilitation services in Tanzania. There were 8 panel sessions, 40 speakers for the panels, spread over two days of discussions.

Alongside the summit and for two days a workshop was held on Emergency Care Medicine where by participants had opportunity to have practical training on basic life support during an emergency. All participants of the Rehab Summit and Tanzania Health Summit had free access to the workshop. It is through this summit also where Rehab professionals and other healthcare professionals had direct access to the office of Medical Council of Tanganyika (MCT) to resolve their pending registration issues and as well to acquire their practising licences. Exhibition of products and services was also part and parcel of the summit and was carried out by our sponsors and other stakeholders in rehab.

Rehab Health, a non-governmental organization committed to advancing rehabilitation services in Tanzania, officially hosted the summit and announced the commencement of Tanzania's first Rehabilitation Summit. Furthermore the summit

was held with support from various sponsors and stakeholders including: Ministry of Health (MOH), President's Office Regional Administrative and Local Government Ministry (PORALG), Medical Council of Tanganyika (MCT), Tanzania Medicines & Medical Devices Agency (TMDA), Workers' Compensation Fund (WCF), Medical Stores Department (MSD), Police Force Tanzania, Kafika House, Vodacom Foundation Tanzania, Stanbic Bank, Precision Air, Hear Well Clinic, Physiocare, and Abstrat Limited.

Recognition is also given for the presence of rehabilitation professional associations' leadership including Association of Prosthetists and Orthotists in Tanzania (APOT) and Tanzania Occupational Therapists Association (TOTA), Federation of persons with disability in Tanzania (SHIVYAWATA) for being part of the first rehabilitation summit.

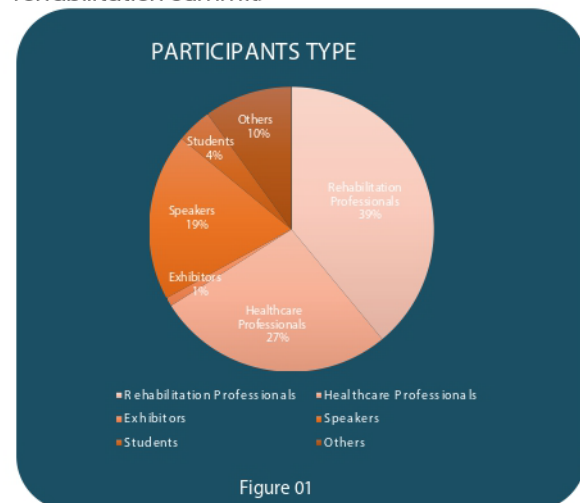


Figure 01

THEME

The theme of the summit was;
Rehabilitation: an essential health service, crucial for achieving universal health coverage.

Being the first time, it was felt that, there is a need for a rehabilitation summit with main focus on topics of discussion that are crucial and in line with the National Rehabilitation Strategic Plan 2021-2026;

KEY TOPICS OF DISCUSSIONS INCLUDED:

State of Rehabilitation in Tanzania

Multidisciplinary approach to Rehabilitation

Role of Technology in Service delivery.

Utilization of Rehabilitation Services

Rehabilitation workforce, Training and Retention

Policy, Financing and Legal Framework

Inclusivity, accessibility and universal health coverage.

Rehabilitation for emergency preparedness and disaster management

There were great and intense discussions around these topics selected with engagement from the audience contributing to the subjects. The topics discussed, brought about the reality and the true picture of rehabilitation services in Tanzania, where we were coming from, where we are and where we should be heading in a collective manner.

The discussions highlighted the role and the need for involvement of every professional while focusing on an ideal environment where rehabilitation services is being provided and the patients or clients who receive the service.

PARTICIPANTS' INSTITUTIONS

Various perspective regarding the challenges and solutions were heard. The participants came from different institutions and that was key to the diverse and wide-ranging inputs (see Figure 02)

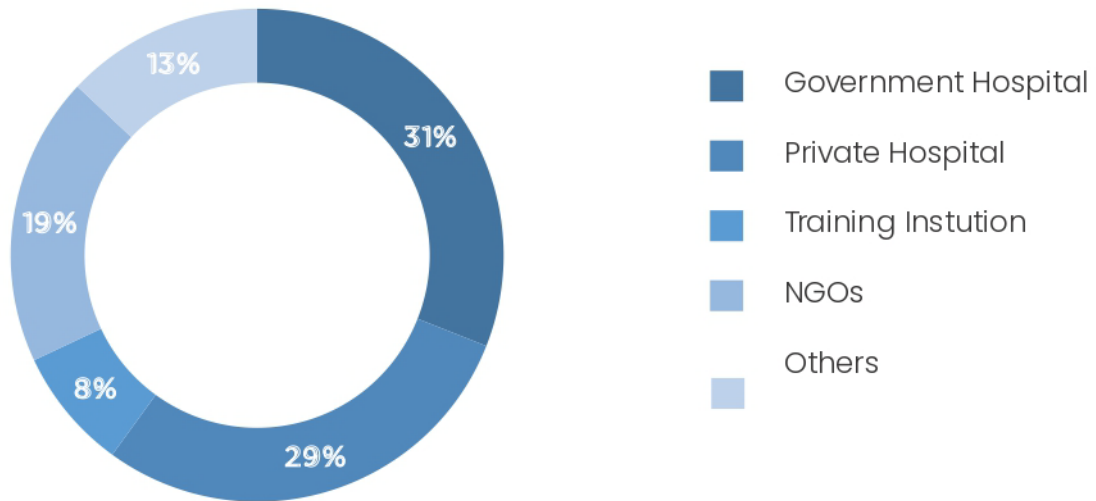


Figure 02

Through discussions, best practice experiences were shared in the best interest of advancing rehabilitation interventions provided and be the catalyst for change in the rehabilitation field.

MAJOR AREAS OF IMPORTANCE

01. Innovations in Rehabilitation:

The summit showcased pockets of excellence and how technology can be used to address the gap in availability of assistive technology, service provision and address shortage of rehab professionals. Experts emphasized the importance of integrating technology to enhance rehabilitation outcomes.

02. Patient-Centered Care:

Discussions revolved around the need for more personalized and patient-centered rehabilitation approaches. The importance of engaging patients in decision-making and tailoring interventions to their unique needs was a recurring theme.

03. Policy Advocacy:

A significant portion of the summit was dedicated to discussing the formulation and promotion of policies that support rehabilitation services. Participants stressed the need for greater investment in rehabilitation infrastructure and workforce.

04. Multidisciplinary Collaboration:

Participants highlighted the significance of multidisciplinary approach and team work to address the complex needs of our patients. Partnerships and shared knowledge were recognized as vital in ensuring the effective care is delivered to patients with minimal disruption to family and caregivers.

05. Inclusion and Accessibility:

Change in mindset of individuals and professionals was a recurring discussion. Rehabilitation professionals were insisted to take lead in promoting inclusive services as well as working with other stakeholders including associations of people with disabilities to enhance accessibility. Emphasis was made to policy makers to device guidelines that will promote inclusivity in service delivery ensuring people with disabilities are not left behind.

RESOLUTIONS REACHED

- 01.** Recommended actions to promote rehabilitation workforce recruitment and retention through our coordinated effort with MOH, promoting utilization of rehabilitation services while making them available and accessible to the communities they live in.
- 02.** Recommended for healthcare professionals to promote multidisciplinary approaches in taking care of clients in need of rehabilitation services, including interprofessional collaboration in patient care.
- 03.** Recommended government to take actions to promote inclusivity especially for persons with disability including:
 - Actions to ensure that all public places are accessible to persons with disabilities, including enforcement in implementation of the Disability Act.
 - Improve accessibility and availability of assistive devices that are appropriate and tailored to the needs of end users (have been recommended by the technical team)

Integration of assistive devices to include both internal and external suppliers in MSD and availability of assistive devices in the essential drugs/devices list (in NHIF, MSD).
- Establishing guidelines to provide guidance to organisations/individuals, who through charitable acts, donate assistive devices to people with disabilities, ensuring that those devices meet acceptable standards and are given through established criteria.
- 04.** Recommended through MOH: strengthening of training institutions for Rehabilitation Professionals, including joint efforts for harmonization of trainings of rehabilitation professionals in the country.
- 05.** Recommended for MOH strengthening of service delivery including formulation of standard treatment guidelines for patients care and draw up policies to guide rehabilitation services provision in the country.
- 06.** Recommended the need to include rehabilitation professionals in emergency preparedness teams, hospital emergency departments and plan for rehabilitation post disaster management.
- 07.** Recommended that all levels of health services to have a system of data collection of rehabilitation activities and the information to be incorporated into the HMIS. This will enable informed decision making in rehab service delivery and promote research activities in the field.

CONCLUSION

The 1st Rehabilitation Summit 2023 was a success, with participants leaving with a renewed sense of purpose and a commitment to implementing the resolutions reached during the event. These resolutions represent a significant step forward in advancing the field of rehabilitation and ensuring that individuals with disabilities, injuries, or health conditions have access to the best possible care and support. Rehab Health, as the organizer, will work closely with stakeholders to follow through on these resolutions and monitor progress in the years to come. The next summit is scheduled for 2024, and it is expected to build upon the momentum generated by the 2023 summit.

WELCOME TO THE REHABILITATION HEALTH SUMMIT 2023

Dear Participants,



It is with immense pleasure and anticipation that we extend our warmest welcome to Tanzania's first ever Rehab Summit 2023: **Rehabilitation an essential health service crucial for achieving universal health coverage.** As we gather here, both physically and virtually, we embark on a transformative journey into the world of rehabilitation, where therapy take centre stage.

In Tanzania demand for rehabilitation services is ever increasing. Rehab Summit 2023 serves as a platform to engage, dialog and progress the agenda. It brings together professionals, experts, caregivers, and individuals with lived experiences to explore the latest advancements, exchange insights, and share inspiring stories that illuminate the path to recovery, reducing disabilities and foster independence.

Our summit is more than just a conference; it is a platform for collaboration, innovation, and unity. Over the course of these days, we will delve into the multidisciplinary facets of rehabilitation, covering a wide spectrum of topics that touch the lives of countless individuals. From physical rehabilitation to mental health interventions, from assistive technologies to financing rehabilitation. This summit aims to empower attendees with knowledge and strategies to foster positive change.

We are deeply grateful to our distinguished speakers, dedicated organizing committee, and sponsors whose unwavering commitment has made this summit possible. Together, we will create a platform where individuals will be inspired, knowledge is shared, and bonds are forged. We will explore the boundless possibilities of rehabilitation and inspire hope for a brighter future in the Rehabilitation field.

Thank you for joining us at the Rehab Summit 2023. We look forward to a summit filled with learning, inspiration, and the promise of growth.

Warm regards,

Remla Mramba Shirima
Chairperson Organizing Committee

**We would like to give a special mention and thanks to
Tanzania Health Summit**



PROGRAM

SPONSORS

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msd
medical stores department



PORALG

COMPANIES

Wazoefu



SUTTON AND SUTTON DESIGNS

PROFESSIONAL BODIES



REHABILITATION SUMMIT 2023 TIMETABLE AT A GLANCE

TUESDAY, 3RD OCTOBER

- 01:00pm–02:30pm:** Registration Open
- 03:00pm–06:00pm:** Opening Ceremony with Tanzania Health Summit

WEDNESDAY, 4TH OCTOBER

- 08:00am–09:00am:** Guest Arrival and Registration
- 09:00am–09:05am:** Welcoming Remarks
- 09:05am–09:10am:** Program outline
- 09:10am–10:00am:** **Panel Discussion 1:** State of Rehabilitation in Tanzania
- 10:00am–10:30am:** Q&A session & Summary
- 10:30am–11:00am:** TEA BREAK
- 11:00am–11:10am:** MCT: Presentation
- 11:10am–11:20am:** Vodacom Foundation Presentation
- 11:20am–11:30am:** Kafika House Presentation
- 11:30am–11:35am:** Documentary Episode 1
- 11:35am–12:30pm:** **Panel Discussion 2:** Multidisciplinary Approach to Rehabilitation
- 12:30pm–01:00pm:** Q&A Session & Summary
- 01:00pm–02:00pm:** LUNCH BREAK
- 02:00pm–02:05pm:** Documentary Episode 2
- 02:05pm–02:10pm:** Stanbic Presentation
- 02:10pm–02:15pm:** WCF Presentation
- 02:15pm–03:30pm:** **Panel Discussion 3:** Role of Technology in Service Delivery
- 03:30pm–03:35pm:** Q&A Session & Summary
- 03:35pm–04:25pm:** **Panel Discussion 4:** Utilization of Rehabilitation Services
- 04:25pm–05:00pm:** Q&A Session & Summary
- 05:00pm–05:10pm:** Closing Remarks, Outline of Day 2's program

REHABILITATION SUMMIT 2023

TIMETABLE AT A GLANCE



THURSDAY, 5TH OCTOBER

- 08:00am-09:00am:** Guest Arrival and Registration
- 09:00am-09:10am:** Welcoming Remarks
- 09:10am-09:15am:** Program outline
- 09:15am-10:05am:** **Panel Discussion 5:** Rehabilitation Workforce Training and Retention
- 10:05am-10:30am:** Q&A session & Summary
- 10:30am-11:00am:** TEA BREAK
- 11:00am-11:05am:** Documentary episode 3
- 11:05am-12:45pm:** **Panel Discussion 6:** Policy, Financing and Legal Framework
- 12:45pm-01:00pm:** Q&A Session & Summary
- 01:00pm-02:00pm:** LUNCH BREAK
- 02:00pm-02:05pm:** Documentary Episode 4
- 02:05pm-02:10pm:** Tanzania Police Presentation
- 02:10pm-03:00pm:** **Panel Discussion 7:** Inclusivity Accessibility and Universal Health Coverage
- 03:00pm-03:25pm:** Q&A Session & Summary
- 03:25pm-04:35pm:** **Panel Discussion 8:** Rehabilitation for Emergency Preparedness and Disaster Management
- 04:35pm-04:40pm:** Q&A Session & Summary
- 04:40pm-05:10pm:** THE UNVEILING
- 05:10pm-05:15pm:** Documentary episode 5
- 05:15pm-05:25pm:** Chairman Remarks
- 05:25pm-05:45pm:** Closing Remarks
- 05:45pm-06:30pm:** Closing Ceremony with Tanzania Health Summit

TIMETABLE

REHABILITATION SUMMIT 2023 FULL TIMETABLE



WEDNESDAY, 4TH OCTOBER

08:00am-09:10am: Guest Arrival and Registration / Welcoming Remarks / Prog. Outline / Acknowledge Sponsors

09:10am-10:30am: **Panel Discussion 1:** State of Rehabilitation in Tanzania
Venue: Mt Meru | **Chair:** Dr. Wonnanyi V. Timothy
Presenters:
 DR Msafiri Kabulwa - MOH
 Mr. Emmanuel Kowero - Clubfoot Programme
 Mr. William Kivuyo - Ability in Disability Tanzania
 Mr. Albert Chaki - CBR Network
 Q&A session & Summary

10:30am-11:00am: TEA BREAK

11:00am-11:30am: Presentations

11:30am-11:35am: Documentary Episode 1

11:35am-13:00pm: **Panel Discussion 2:** Multidisciplinary Approach to Rehabilitation in Tanzania
Venue: Mt Meru | **Chair:** Dr. Haleluya Moshi
Presenters:
 Saldin Kimangale - Al Muntazir Islamic int' School
 Dr Aleya Remtullah - Agakhan Hospital
 Ruth Onesmo - CCBRT
 Rashida Hassuji - HearWell
 Abdallah Makala - MNH

13:00pm-14:00pm: LUNCH BREAK

14:00pm-14:05pm: Documentary Episode 2

REHABILITATION SUMMIT 2023

FULL TIMETABLE



WEDNESDAY, 4TH OCTOBER

14:05pm-14:15pm: Presentations

14:15pm-15:35pm: **Panel Discussion 3:** Role of Technology in Service Delivery
Venue: Mt Meru | **Chair:** Mr. Emmanuel Kowero
Presenters:
Dr. Pamela Sawa-MSD
Rehema Mariki - TMDA
Colman Thadey Ndetembea - Kyaro Assistive Technology
Ali Jaffer- HearWell
Leah Mamseri - MOI
Q&A session & Summary

15:35pm-17:00pm: **Panel Discussion 4:** Utilization of Rehabilitation Services
Venue: Mt Meru | **Chair:** Dr. Edward N Kija
Presenters:
Elly Kitaly -Chadron's Hope Foundation
Elieka Kaaya - MNH
Sarah Rejman - Kafika House
Prof Isaac Maro - Afya Checkers
Dawson Muntara - MNH
Q&A session & Summary

17:00pm-17:10pm: Closing Remarks, Outline of Day 2's program

————— End of Day 1 —————

TIMETABLE

REHABILITATION SUMMIT 2023

FULL TIMETABLE



THURSDAY, 5TH OCTOBER

08:00am-09:15am: Guest Arrival and Registration / Welcoming Remarks / Prog. Outline / Acknowledge Sponsors

09:15am-10:30am: **Panel Discussion 5:** Rehabilitation Workforce Training and Retention
Venue: Mt Meru | **Chair:** Prof. Obadia Nyongole
Presenters:
Dr. Sardina Zabron Tinkasimile-KICHAS
Mathew J Shayo - KCMC
Brenda Shuma- Gabriella Rehabilitation Center
Fayaz Jaffer-HearWell
Q&A session & Summary

10:30am-11:00am: TEA BREAK

11:00am-11:05am: Documentary episode 3

11:05am-13:00pm: **Panel Discussion 6:** Policy, Financing and Legal Framework
Venue: Mt Meru | **Chair:** Dr. Wonnaji V. Timothy
Presenters:
Dr. Msafiri Kabulwa -MOH
Dr. Raphael F Mallaba-NHIF
Remla Shirima- Physiocare
Dr. Matilda Rusibamayila-WCF
Dr David Mnzava -MCT
Q&A session & Summary

13:00pm-14:00pm: LUNCH BREAK

14:00pm-14:05pm: Documentary Episode 4

14:05pm-14:10pm: Tanzania Police Presentation

REHABILITATION SUMMIT 2023

FULL TIMETABLE



THURSDAY, 5TH OCTOBER

14:10pm-15:25pm: **Panel Discussion 7:** Inclusivity, Accessibility and Universal Health Coverage

Venue: Mt Meru | **Chair:** Godfrey Kimathy

Presenters:

Sr. Angela Jeremiah-Antonia Verna
Zahida Chagani - Al-Muntazir SEN
Faustina Urassa - Songambe Initiative
Mr. Jonas Lubago- GS SHIVYAWATA
Fredrick Msigallah - CCBRT
Q&A Session & Summary

15:25pm-16:40pm: **Panel Discussion 8:** Rehabilitation for Emergency Preparedness and Disaster Management

Venue: Mt Meru | **Chair:** Abdallah Makala

Presenters:

Simion Gundah-Agakhan Hospital
Benazir Mushi- Danish Refugee Council
Today Rambau - KCMC
Erick Kabungo - PT
Filippo Nishino-Swiss Limbs
Q&A Session & Summary

16:40pm-17:10pm: THE UNVEILING

17:10pm-17:15pm: Documentary episode 5

17:15pm-17:25pm: Chairman Remarks

17:25pm-17:45pm: Closing Remarks

17:45pm-18:30pm: Closing Ceremony with Tanzania Health Summit

— END OF SUMMIT —

TIMETABLE

REHABILITATION SUMMIT 2023 WORKSHOPS



4TH & 5TH OCTOBER

08:00am-08:30am: Welcome & Group Registration

08:30am-10:00am: **Session 1:**
Assessment of an acutely ill patient- Station

Session 2:
Assisting a patient in Respiratory arrest.

Session 3:
Assisting a patient in cardiac arrest

Participants: Specialists in CriticalCare Anesthesia

10:30am-11:00pm: Health Break & Networking

11:00am-14:00pm: **Session 1:**
Assessment of an acutely ill patient- Station

Session 2:
Assisting a patient in Respiratory arrest.

Session 3:
Assisting a patient in cardiac arrest

Participants: Specialists in Critical Care Anesthesia

Continues Overleaf

REHABILITATION SUMMIT 2023 WORKSHOPS



4TH & 5TH OCTOBER

14:00pm-15:00pm: Health Break & Networking

15:00am-17:00pm: **Session 1:**
Assessment of an acutely ill patient- Station

Session 2:
Assisting a patient in Respiratory arrest.

Session 3:
Assisting a patient in cardiac arrest

Participants: Specialists in Critical Care Anesthesia

End of Day

WORKSHOPS

**THANK YOU FOR JOURNEYING WITH US. OUR HOPE IS THAT THE
PAST 2 DAYS HAVE BEEN INSPIRING AND GAVE YOU AN
OPPORTUNITY TO LEARN, GROW AND PROGRESS WITH A COLLECTIVE
AIM OF DEVELOPING REHABILITATION FIELD IN TANZANIA.**

WE LOOK FORWARD TO SEEING YOU AGAIN NEXT YEAR.

**After you have heard, contributed,
inspired, stimulated, learned,
connected....go be that change
agent transforming rehabilitation
services in your area.**



SUMMIT 2023

