

SUMMIT 2023

REHABILITATION  
SUMMIT  
2023



## WELCOME TO THE REHABILITATION HEALTH SUMMIT 2023

**Dear Participants,**



It is with immense pleasure and anticipation that we extend our warmest welcome to Tanzania's first ever Rehab Summit 2023: **Rehabilitation an essential health service crucial for achieving universal health coverage.** As we gather here, both physically and virtually, we embark on a transformative journey into the world of rehabilitation, where therapy take centre stage.

In Tanzania demand for rehabilitation services is ever increasing. Rehab Summit 2023 serves as a platform to engage, dialog and progress the agenda. It brings together professionals, experts, caregivers, and individuals with lived experiences to explore the latest advancements, exchange insights, and share inspiring stories that illuminate the path to recovery, reducing disabilities and foster independence.

Our summit is more than just a conference; it is a platform for collaboration, innovation, and unity. Over the course of these days, we will delve into the multidisciplinary facets of rehabilitation, covering a wide spectrum of topics that touch the lives of countless individuals. From physical rehabilitation to mental health interventions, from assistive technologies to financing rehabilitation. This summit aims to empower attendees with knowledge and strategies to foster positive change.

We are deeply grateful to our distinguished speakers, dedicated organizing committee, and sponsors whose unwavering commitment has made this summit possible. Together, we will create a platform where individuals will be inspired, knowledge is shared, and bonds are forged. We will explore the boundless possibilities of rehabilitation and inspire hope for a brighter future in the Rehabilitation field.

Thank you for joining us at the Rehab Summit 2023. We look forward to a summit filled with learning, inspiration, and the promise of growth.

Warm regards,

Remla Mramba Shirima  
**Chairperson Organizing Committee**

**We would like to give a special mention and thanks to  
Tanzania Health Summit**



# PROGRAM

# SPONSORS

## PLATINUM



## GOLD



## SILVER



# PARTNERS

## HOSPITALS



## CLINICS



## GOVERNMENT INSTITUTIONS



## COMPANIES



## PROFESSIONAL BODIES



## REHABILITATION SUMMIT 2023 TIMETABLE AT A GLANCE

### TUESDAY, 3RD OCTOBER

- 01:00pm–02:30pm:** Registration Open
- 03:00pm–06:00pm:** Opening Ceremony with Tanzania Health Summit

### WEDNESDAY, 4TH OCTOBER

- 08:00am–09:00am:** Guest Arrival and Registration
- 09:00am–09:05am:** Welcoming Remarks
- 09:05am–09:10am:** Program outline
- 09:10am–10:00am:** **Panel Discussion 1:** State of Rehabilitation in Tanzania
- 10:00am–10:30am:** Q&A session & Summary
- 10:30am–11:00am:** TEA BREAK
- 11:00am–11:10am:** MCT: Presentation
- 11:10am–11:20am:** Vodacom Foundation Presentation
- 11:20am–11:30am:** Kafika House Presentation
- 11:30am–11:35am:** Documentary Episode 1
- 11:35am–12:30pm:** **Panel Discussion 2:** Multidisciplinary Approach to Rehabilitation
- 12:30pm–01:00pm:** Q&A Session & Summary
- 01:00pm–02:00pm:** LUNCH BREAK
- 02:00pm–02:05pm:** Documentary Episode 2
- 02:05pm–02:10pm:** Stanbic Presentation
- 02:10pm–02:15pm:** WCF Presentation
- 02:15pm–03:30pm:** **Panel Discussion 3:** Role of Technology in Service Delivery
- 03:30pm–03:35pm:** Q&A Session & Summary
- 03:35pm–04:25pm:** **Panel Discussion 4:** Utilization of Rehabilitation Services
- 04:25pm–05:00pm:** Q&A Session & Summary
- 05:00pm–05:10pm:** Closing Remarks, Outline of Day 2's program

# REHABILITATION SUMMIT 2023

## TIMETABLE AT A GLANCE



### THURSDAY, 5TH OCTOBER

- 08:00am-09:00am:** Guest Arrival and Registration
- 09:00am-09:10am:** Welcoming Remarks
- 09:10am-09:15am:** Program outline
- 09:15am-10:05am:** **Panel Discussion 5:** Rehabilitation Workforce Training and Retention
- 10:05am-10:30am:** Q&A session & Summary
- 10:30am-11:00am:** TEA BREAK
- 11:00am-11:05am:** Documentary episode 3
- 11:05am-12:45pm:** **Panel Discussion 6:** Policy, Financing and Legal Framework
- 12:45pm-01:00pm:** Q&A Session & Summary
- 01:00pm-02:00pm:** LUNCH BREAK
- 02:00pm-02:05pm:** Documentary Episode 4
- 02:05pm-02:10pm:** Tanzania Police Presentation
- 02:10pm-03:00pm:** **Panel Discussion 7:** Inclusivity Accessibility and Universal Health Coverage
- 03:00pm-03:25pm:** Q&A Session & Summary
- 03:25pm-04:35pm:** **Panel Discussion 8:** Rehabilitation for Emergency Preparedness and Disaster Management
- 04:35pm-04:40pm:** Q&A Session & Summary
- 04:40pm-05:10pm:** THE UNVEILING
- 05:10pm-05:15pm:** Documentary episode 5
- 05:15pm-05:25pm:** Chairman Remarks
- 05:25pm-05:45pm:** Closing Remarks
- 05:45pm-06:30pm:** Closing Ceremony with Tanzania Health Summit

# TIMETABLE

# REHABILITATION SUMMIT 2023

## FULL TIMETABLE



### WEDNESDAY, 4TH OCTOBER

**08:00am-09:10am:** Guest Arrival and Registration / Welcoming Remarks / Prog. Outline / Acknowledge Sponsors

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**09:10am-10:30am:** **Panel Discussion 1:** State of Rehabilitation in Tanzania  
**Venue:** Mt Meru | **Chair:** Dr. Wonnanyi V. Timothy  
**Presenters:**  
DR Msafiri Kabulwa - MOH  
Mr. Emmanuel Kowero - Clubfoot Programme  
Mr. William Kivuyo - Ability in Disability Tanzania  
Mr. Albert Chaki - CBR Network  
Q&A session & Summary

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**10:30am-11:00am:** TEA BREAK

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**11:00am-11:30am:** Presentations

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**11:30am-11:35am:** Documentary Episode 1

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**11:35am-13:00pm:** **Panel Discussion 2:** Multidisciplinary Approach to Rehabilitation in Tanzania  
**Venue:** Mt Meru | **Chair:** Dr. Haleluya Moshi  
**Presenters:**  
Saldin Kimangale - Al Muntazir Islamic int' School  
Dr Aleya Remtullah - Agakhan Hospital  
Ruth Onesmo - CCBRT  
Rashida Hassuji - HearWell  
Abdallah Makala - MNH

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**13:00pm-14:00pm:** LUNCH BREAK

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**14:00pm-14:05pm:** Documentary Episode 2

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# REHABILITATION SUMMIT 2023

## FULL TIMETABLE



### WEDNESDAY, 4TH OCTOBER

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**14:05pm-14:15pm:** Presentations

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**14:15pm-15:35pm:** **Panel Discussion 3:** Role of Technology in Service Delivery  
**Venue:** Mt Meru | **Chair:** Mr. Emmanuel Kowero  
**Presenters:**  
Dr. Pamela Sawa-MSD  
Rehema Mariki - TMDA  
Colman Thadey Ndetembea - Kyaro Assistive Technology  
Ali Jaffer- HearWell  
Leah Mamseri - MOI  
Q&A session & Summary

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**15:35pm-17:00pm:** **Panel Discussion 4:** Utilization of Rehabilitation Services  
**Venue:** Mt Meru | **Chair:** Dr. Edward N Kija  
**Presenters:**  
Elly Kitaly -Chadron's Hope Foundation  
Elieka Kaaya - MNH  
Sarah Rejman - Kafika House  
Prof Isaac Maro - Afya Checkers  
Dawson Muntara - MNH  
Q&A session & Summary

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**17:00pm-17:10pm:** Closing Remarks, Outline of Day 2's program

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— End of Day 1 —

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# REHABILITATION SUMMIT 2023

## FULL TIMETABLE



### THURSDAY, 5TH OCTOBER

**08:00am-09:15am:** Guest Arrival and Registration / Welcoming Remarks / Prog. Outline / Acknowledge Sponsors

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**09:15am-10:30am:** **Panel Discussion 5:** Rehabilitation Workforce Training and Retention  
**Venue:** Mt Meru | **Chair:** Prof. Obadia Nyongole  
**Presenters:**  
Dr. Sardina Zabron Tinkasimile-KICHAS  
Mathew J Shayo - KCMC  
Brenda Shuma- Gabriella Rehabilitation Center  
Fayaz Jaffer-HearWell  
Q&A session & Summary

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**10:30am-11:00am:** TEA BREAK

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**11:00am-11:05am:** Documentary episode 3

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**11:05am-13:00pm:** **Panel Discussion 6:** Policy, Financing and Legal Framework  
**Venue:** Mt Meru | **Chair:** Dr. Wonnaji V. Timothy  
**Presenters:**  
Dr. Msafiri Kabulwa -MOH  
Dr. Raphael F Mallaba-NHIF  
Remla Shirima- Physiocare  
Dr. Matilda Rusibamayila-WCF  
Dr David Mnzava -MCT  
Q&A session & Summary

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**13:00pm-14:00pm:** LUNCH BREAK

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**14:00pm-14:05pm:** Documentary Episode 4

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**14:05pm-14:10pm:** Tanzania Police Presentation

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# REHABILITATION SUMMIT 2023

## FULL TIMETABLE



### THURSDAY, 5TH OCTOBER

**14:10pm-15:25pm:** **Panel Discussion 7:** Inclusivity, Accessibility and Universal Health Coverage  
**Venue:** Mt Meru | **Chair:** Godfrey Kimathy  
**Presenters:**  
Sr. Angela Jeremiah-Antonia Verna  
Zahida Chagani - Al-Muntazir SEN  
Faustina Urassa - Songambe Initiative  
Mr. Jonas Lubago- GS SHIVYAWATA  
Fredrick Msigallah - CCBRT  
Q&A Session & Summary

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**15:25pm-16:40pm:** **Panel Discussion 8:** Rehabilitation for Emergency Preparedness and Disaster Management  
**Venue:** Mt Meru | **Chair:** Abdallah Makala  
**Presenters:**  
Simion Gundah-Agakhan Hospital  
Benazir Mushi- Danish Refugee Council  
Today Rambau - KCMC  
Erick Kabungo - PT  
Filippo Nishino-Swiss Limbs  
Q&A Session & Summary

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**16:40pm-17:10pm:** THE UNVEILING

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**17:10pm-17:15pm:** Documentary episode 5

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**17:15pm-17:25pm:** Chairman Remarks

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**17:25pm-17:45pm:** Closing Remarks

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**17:45pm-18:30pm:** Closing Ceremony with Tanzania Health Summit

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— END OF SUMMIT —

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# TIMETABLE

## REHABILITATION SUMMIT 2023 WORKSHOPS



### 4TH & 5TH OCTOBER

**08:00am-08:30am:** Welcome & Group Registration

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**08:30am-10:00am:** **Session 1:**  
Assessment of an acutely ill patient- Station

**Session 2:**  
Assisting a patient in Respiratory arrest.

**Session 3:**  
Assisting a patient in cardiac arrest

Participants: Specialists in CriticalCare Anesthesia

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**10:30am-11:00pm:** Health Break & Networking

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**11:00am-14:00pm:** **Session 1:**  
Assessment of an acutely ill patient- Station

**Session 2:**  
Assisting a patient in Respiratory arrest.

**Session 3:**  
Assisting a patient in cardiac arrest

Participants: Specialists in Critical Care Anesthesia

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Continues Overleaf

## REHABILITATION SUMMIT 2023 WORKSHOPS



4TH & 5TH OCTOBER

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**14:00pm-15:00pm:** Health Break & Networking

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**15:00am-17:00pm:** **Session 1:**  
Assessment of an acutely ill patient- Station

**Session 2:**  
Assisting a patient in Respiratory arrest.

**Session 3:**  
Assisting a patient in cardiac arrest

Participants: Specialists in Critical Care Anesthesia

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— End of Day —

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WORKSHOPS

**WEDNESDAY, 4TH OCTOBER**

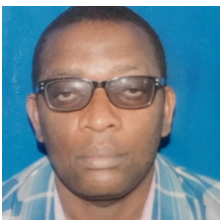
**PANEL DISCUSSION 1**

**CURRENT STATUS OF REHABILITATION IN TANZANIA**



**DR WONANJI V. TIMOTHY - CHAIR**

Dr. Wonanji V. Timothy is a public health specialist with more than 15 years of expertise in the healthcare system. Dr. Wonanji presided over the MOH's Technical Working Group on Public and Private Partnerships. By conducting Systematic Assessment of Rehabilitation Situation (STARS) with the assistance of the World Health Organization and completing and launching the First Tanzania National Rehabilitation Strategic Plan in 2021, he also showed leadership in the transformation of rehabilitation services in Tanzania. He also had a significant impact on strengthening MOH's cooperation with regional and international organizations in the drive to revamp Tanzania's mental health services. In order to sustainably improve the quality, affordability, and accessibility of health products and services for communities in Tanzania, is currently actively supporting nonprofit groups and private health institutions.



**DR MSAFIRI KABULWA**

Dr Msafiri Kabulwa has a vast experience working as a tutor and later in health system strengthening a leader. As a public Oral Health Specialist has worked as Coordinator of Clinical Dentistry by coordinating availability of dental supplies and equipment for over ten years at a Ministry level. Currently, he serves as a Coordinator for Geriatrics Health services within the newly established Section of Rehabilitation, Palliative and Geriatrics Services in the Ministry of Health



**MR EMMANUEL KOWERO**

Emmanuel Kowero, a devoted Tanzanian health professional, holds a Master's in Project Management Monitoring and Evaluation in Health from MUHAS and a Bachelor's in Physiotherapy from KCMUco. Transitioning from a physiotherapist role in hospitals to spearheading health projects, Emmanuel has trained healthcare professionals both within Tanzania and across Africa. Fueled by a passion for supporting those with disabilities, he ensures access to high-quality rehabilitation services and assistive devices. His extensive work with over 60 Tanzanian hospitals, training and mentoring caregivers, especially for children with clubfoot, has significantly bolstered the rehabilitation workforce in Tanzania Mainland and Zanzibar.

## PANEL DISCUSSION 1 CONTINUED



**MR WILLIAM DANIEL KIVUYO**

William Daniel Kivuyo, formerly the Director of Education in the Evangelical Lutheran Church in Tanzania, fervently advocated for enhanced education governance and championed the rights of the disabled in the Lake zone regions, covering Shinyanga, Mwanza, and Mara. His six-year tenure as the head of a school for physically disabled children deepened his dedication to this cause. Now, as the Director of Ability in Disability Tanzania, he drives the vision of an empowered community where disabled children access life-improving services. This mission is realized by supporting and strengthening institutions dedicated to assisting the disabled.



**MR ALBERT CHAKI**

Albert, with a decade of expertise in Community Based Rehabilitation (CBR), serves as an Occupational Therapist at Comprehensive Community Based Rehabilitation Tanzania (CCBRT) in Moshi. His specialization lies in rehabilitating people with disabilities, emphasizing inclusive sustainable development across Tanzania. Albert's notable accomplishments include identifying and executing impactful community projects in alliance with international organizations like Heifer International - Tanzania and The Futuresense International via their Tanzanian offices.

**WEDNESDAY, 4TH OCTOBER**

**PANEL DISCUSSION 2**

**MULTIDISCIPLINARY APPROACH TO REHABILITATION IN TANZANIA**



**DR HALELUYA MOSHI - CHAIR**

Dr Haleluya Moshi is a clinical physiotherapist and a Lecturer at the Kilimanjaro Christian Medical Centre and University College respectively. He has more than 17 years working experience in offering physiotherapy services to in- and out- patients, teaching and research. He mostly provide physiotherapy services to persons with traumatic spinal cord injury admitted in the hospital and most of his research projects are on trauma and traumatic spinal cord injury (occurrence, clinical consequences, in-hospital morbidity and mortality and life in the community). He also works with other researchers in other disability-related research projects. He teaches in Physiotherapy (Bachelor and Diploma programs) and other medical and allied health science programs such as in Masters of Public Health, Prosthetic and Orthotics, Degree of Medicine and Occupational therapy. He works with various organizations of persons with disability to address their needs and advocate for inclusive, more accessible community.



**SALDIN KIMANGALE**

Saldin H. Kimangale, holding a MSc. in Clinical Psychology, is a dedicated clinical psychologist based in Dar es Salaam, Tanzania. Passionate about early childhood adversities and trauma, he champions child protection, school health, and climate change. Currently serving as a School Counselor at Al Muntazir Islamic International Schools, Saldin also coordinates a mentorship program between Tanzania Psychological Association (TAPA) members and U.S. counterparts. He's an esteemed member of organizations like TAPA, MEHATA, the Global Psychology Alliance, and the International Council of Psychologists, to name a few.



**DR ALEYA REMTULLA**

Dr. Aleya Remtulla is Tanzania's first Developmentalist, with a distinguished 7-year career in pediatrics and child health. She is dedicated to delivering exceptional, holistic and patient-centered care. Driven by a passionate commitment to her young patients, she stands as a beacon of quality service, transforming the landscape of pediatric healthcare in Tanzania. Her pioneering spirit and unwavering dedication continue to shape a brighter future for the nation's children.

## PANEL DISCUSSION 2 CONTINUED



**RUTH ONESMO**

Ruth Onesmo, a dedicated Tanzanian health professional, is the Head of the Prosthetics and Orthotics department at CCBRT, Dar es Salaam. Joining CCBRT in 2013 as a junior prosthetist/orthotist post her graduation from KCMC, Ruth's dedication saw her rise to her current leadership role. While initially aspiring to be a medical doctor, her fascination with Prosthetics & Orthotics directed her career path. Complementing her career trajectory, she earned a Masters in Public Health from Manchester University, UK. Ruth is deeply committed to enhancing the lives of the disabled, emphasizing quality, accessible rehabilitation services and devices.



**RASHIDA HASSUJI**

Rashida, qualified in both Audiology and Speech-Language Pathology, boasts extensive expertise in both domains. With a Master's in Paediatric Speech Therapy, she's also a certified trainer for MED-EL rehabilitation, focusing on children with cochlear implants. Rashida excels in addressing swallowing and voice disorders and aids patients with neurological conditions like stroke, Parkinson's, and Alzheimer's. She has a keen interest in Newborn Hearing Screening, conducting weekly screenings at Aga Khan Hospital, Dar es Salaam, and holds notable experience in childhood communication disorders, including Autism and Stuttering. Additionally, she rehabilitates tracheostomized patients, enhancing their speech and overall quality of life.



**ABDALLAH MAKALA**

With an initial year in Community Based Rehabilitation, he transitioned to a clinical role at Muhimbili National Hospital, handling critical care, cardiac rehabilitation, and more. Concurrently, he lectured at Muhimbili University of Health and Allied Sciences. His academic pursuits led to specialized training in manual therapy, a Master's in Physiotherapy focused on cardiorespiratory, and a subsequent fellowship. Now, he stands as a leading Physiotherapy and Rehabilitation Trainer in Tanzania, specializing in haemophilia and blood disorders. His diverse research interests span from paediatrics to cardiac rehabilitation. Beyond his academic achievements, he's contributed to over 50 lectures, courses, and conferences, while also actively engaging in clinical supervision and training coordination.



WEDNESDAY, 4TH OCTOBER

### PANEL DISCUSSION 3

## ROLE OF TECHNOLOGY IN SERVICE DELIVERY

#### MR EMMANUEL KOWERO - CHAIR



Mr Emmanuel Kowero is a Tanzanian health professional holding a Master's of Science degree in Project Management Monitoring and Evaluation in Health from Muhimbili University of Health and Allied Sciences (MUHAS) and a Bachelor of Science in Physiotherapy from Kilimanjaro Christian Medical University College (KCMUco). Emmanuel joined health projects after some years of working as a Physiotherapist at a hospital setting. Within the health projects, Mr Emmanuel having been involved in training health care professionals from time to time both in Tanzania and other African countries. He is passionate about finding solutions for persons living with disability ensuring that they have access to quality, and accessible rehabilitation services including providing solutions for treatment as well as assistive devices. His experience in working with over 60 hospitals in Tanzania providing training and mentorship to health care providers treating children with disabilities especially those with clubfoot has contributed at large towards strengthening rehabilitation workforce in Tanzania Mainland and Zanzibar.



**DR. PAMELLA L. SAWA**

Dr. Pamella Lulu Sawa has traversed diverse healthcare roles. With the Ministry of Health, she served as a Registrar for private hospitals, significantly improving Tanzania's healthcare quality. She also contributed as a board member of the Tanzanian Bureau of Standards (TBS), reinforcing her dedication to healthcare excellence. At Mirembe Mental Institution, she emphasized the significance of emotional well-being, expanding her holistic approach to health. Presently, as the customer service and programme manager at the Medical Stores Department (MSD), she's pivotal in the efficient distribution of medical supplies, ensuring the smooth operation of Tanzania's healthcare infrastructure.



**REHEMA MARIKI**

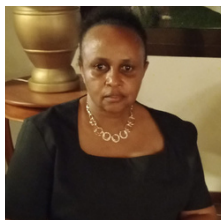
Rehema Forgen Mariki serves as the Manager for Medical Devices and Diagnostics Assessment at Tanzania Medicines and Medical Devices Authority (TMDA), an executive agency under the Ministry of Health, Tanzania. Her responsibilities span registering medical devices and diagnostics and notifying non-registrable Class A devices & IVDDs. The TMDA's core mission is to uphold public health through ensuring the safety and quality of health-related products. Before her managerial role, Rehema was a principal officer at the former Tanzania Food and Drugs Authority (TFDA). Her duties involved assessing medical dossiers, conducting inspections of medical and pharmaceutical facilities, and contributing to the development of regulatory systems.

## PANEL DISCUSSION 3 CONTINUED



**MR COLMAN T NDETEMBEA**

Colman Thadey Ndetembea, with four years in assistive technology, is the CEO and co-founder of Kyaro Assistive Tech. This firm is dedicated to creating affordable and appealing assistive devices for individuals with disabilities in Tanzania and broader Sub-Saharan Africa. Initiated as a university project for a multipurpose wheelchair, Kyaro bagged the second spot at the 2019 Kesho Leo Science Slam and triumphed in the 2020 MAKISATU technical colleges category. Colman's vision emphasizes accessibility for all, deeming it vital for Tanzania's inclusive progress. With ambitions to upscale, Kyaro aspires to enhance its technological reach and provide more opportunities via assistive technology.



**MS LEAH MAMSERI**

After high school, Ms Leah Alex pursued a Diploma in Orthopedic Technology at TATCOT, igniting her passion for rehabilitating those with physical disabilities. Committed to enhancing her skills, Leah undertook several advanced courses. From 2014 to 2019, she presided over the Association of Prosthetists and Orthotists of Tanzania (APOT). During her tenure, she collaborated with ministries to address employment challenges, introduced a professional council within the Medical council, and aided in crafting a five-year national strategic plan for rehabilitation. These experiences solidified Leah as an adept prosthetist orthotist, proficient in addressing both political and professional rehabilitation issues.



**ALI JAFFER**

Ali, holding a Master's in Clinical Audiology from the UK, excels in hearing aid fittings, cochlear implant programming, and temporal bone radiology. He has a pronounced interest and extensive training in vestibular disorders, making him one of Tanzania's rare experts on issues like dizziness and imbalance. Additionally, Ali is passionate about research. He's a member of the Global Otorhinolaryngology-Head-and-Neck Surgery Initiative and recently contributed to a publication on "Vestibular migraine in low- and lower-middle-income countries." Besides his research pursuits, Ali dedicates time to train healthcare professionals in audiology and related fields.

**WEDNESDAY, 4TH OCTOBER**

**PANEL DISCUSSION 4**

**UTILIZATION OF REHABILITATION SERVICES**



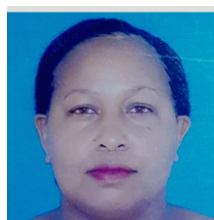
**DR EDWARD N KIJIA - CHAIR**

Dr. Edward Nkingwa Kija is a Senior Lecturer and Consultant Paediatric Neurologist at Muhimbili University of Health and Allied Sciences (MUHAS). After completing his undergraduate and postgraduate studies at the University of Dar Es Salaam and MUHAS, he further specialized in Paediatric Neurology at the University of Cape Town, South Africa, and was board-certified by the College of Medicine of South Africa. Dr. Kija holds key positions in international boards including the International Child Neurology Association (ICNA), and the International League Against Epilepsy (ILAE) – African Commission. He's also Chair of Lukiza Autism Foundation. Specializing in childhood epilepsies, neurodevelopmental, and neuromuscular conditions, he has authored over 30 peer-reviewed articles and book chapters.



**ELLY KITALY**

Elly Kitaly, driven by her personal experience as the mother of a child with Down syndrome, fervently advocates for the well-being of individuals with Down syndrome in Tanzania. She founded Chadron's Hope Foundation, a non-profit aiming to uplift those with Down syndrome and related developmental disabilities. Under her leadership, the foundation raises awareness about their unique challenges, promoting better education, healthcare, and support. It also introduced innovative programs like aqua therapy, music therapy, and art therapy, specifically tailored for them. These initiatives significantly boost the quality of life for those they assist.



**MS ELIEKA A KAAAYA**

PT Elieka A Kaaya, with qualifications including a Dip Physio, Bsc Physio, Msc,MPH in Implementation Science, and certifications in Mackenzie Manual Therapy, Women's Health, and Stroke Rehabilitation, boasts over 16 years of experience in neurological and musculoskeletal conditions for both adults and children. Currently working in women's health at the Department of OBGY, she integrates physiotherapy services across specialized clinics in MNH and provides ergonomic guidance to office workers. Elieka specializes in treating women with musculoskeletal, neurological, and cardiopulmonary disorders. Additionally, she's proactive in community education on disability prevention and preventing work-related injuries to enhance life quality.

## PANEL DISCUSSION 4 CONTINUED



**PROF ISAAC MARO**

A seasoned public health specialist with over 15 years of expertise in infectious diseases, he is a senior research scientist at Ifakara Health Institute. An alumnus of MUHAS, Tanzania, Geisel Medical School, USA, and Tokyo Medical and Dental University, Japan, he has significantly contributed to Tuberculosis (TB) and HIV research, particularly in vaccine development. His work is widely recognized in international peer-reviewed journals. Beyond research, he's celebrated for his 13-year tenure as the producer and host of the health program, AfyaCheck. He's also the visionary behind a large-scale free community medical camp, serving over 1.5 million Tanzanians.



**DAWSON MUNTARA**

I am an occupational therapist working in mental health setting at Muhimbili National Hospital in Dar es Salaam and tutorial assistant at Muhimbili University of Health and Allied Sciences in Occupational Therapy Bachelor's degree program. I have worked as an Occupational therapist for twelve years in community based rehabilitation, pediatric occupational therapy, adult physical dysfunction and occupational therapy in mental health. I have engaged myself in training rehabilitation professionals, special needs teachers and disability awareness campaigns through media and also i have done voluntary work in geriatric homes, orphanage centers and community.



**SARAH REJMAN**

Sarah Rejman, born and raised in Melbourne, channelled a love of caring for children into training as an occupational therapist. In 2002, this passion led her to volunteer at a rehabilitation centre for the disabled in Monduli, Tanzania.

These two formative years that followed awakened in her a mission to improve the lives of children living with treatable disabilities across the country. Her dream was to create a safe and happy home for these children where they would be accepted, loved, valued, and where finally they would begin to heal. Thus in 2008 began The Plaster House.

What began as a programme working with one child at a time evolved into Kafika House, an International NGO working in partnership with the Tanzanian government to heal individuals, and transform communities; to challenge the perception of disability on a national level, and change stigma into hope.

**THURSDAY, 5TH OCTOBER**

**PANEL DISCUSSION 5**

**REHABILITATION WORKFORCE TRAINING AND RETENTION**



**PROF OBADIA NYONGOLE - CHAIR**

Obadia Venance Nyongole is an Associate Professor in Surgery and Urology at the School of Medicine. He currently serves as the Acting Director of Quality Assurance since 2019 and previously headed the Department of Surgery at Muhimbili University of Health and Allied Sciences (MUHAS). His research over a decade focuses on health systems dynamics, medical education, and surgical studies. Notably, he played a pivotal role in initiating training for Human Resource for Health (HRH) in rehabilitation. Professor Nyongole has also been actively involved in revising MUHAS curricula and currently spearheads innovative teaching methods under the World Bank-funded Higher Education for Economic Transformation project (HEET PROJECT) at MUHAS.



**DR SARDINA ZABRON**

Sardina stands as a notable educator and authority in P&O, blending academic strength with a commitment to enhancing the lives of those with mobility disabilities. Initiated by a desire for change, she advanced her education with a Master's in Public Health, followed by a Master's in P&O Rehabilitation Studies, ensuring her expertise remains top-tier. Recognized for her contributions in research, patient care, and education, she has emerged as an influential mentor and innovator in P&O. Today, Sardina's relentless dedication and expertise set the direction for the future of P&O care.



**BRENDA SHUMA**

Brenda is a senior pediatric occupational therapist and the visionary founder of the Gabriella Centre. A relentless advocate for children with disabilities, particularly those with autism and intellectual challenges, she has been a beacon of hope in Kilimanjaro, an area rife with misconceptions about disabilities. In 2009, Brenda established the Gabriella Children's Rehabilitation Centre, which has since become a benchmark in Tanzania for its holistic services catered to children with autism and learning disabilities. Beyond assisting individual children, Brenda's dedication has shifted community perceptions, eradicating associated stigmas. Her unparalleled contributions earned her the esteemed Child Ten Award for championing children's rights.

## PANEL DISCUSSION 5 CONTINUED



**MATHEW J. SHAYO**

Mathew J. Shayo is an expert in Orthopedic and Rheumatology, currently serving as a clinical physiotherapist at Kilimanjaro Christian Medical Center (KCMC). He holds leadership roles both as a member of KCMC's management team and head of its Physiotherapy Department. In academia, Mathew contributes as an assistant lecturer at Kilimanjaro Christian Medical University College. His experience is enriched by fellowships in the UK focusing on neurology, movement disorders, and emergency physiotherapy. Internationally, he's garnered adult care expertise in Norway. Mathew is a board member of the Tanzania Clubfoot Care Organisation and Magnificat Secondary School, recognized as a top clubfoot trainer. Furthermore, he co-founded and directs GreenVit Health Tanzania, a firm emphasizing diabetes, hypertension, and obesity management.



**FAYAZ JAFFER**

Fayaz is the Founder and Managing Director of HearWell Audiology Clinic with a diverse academic background spanning Business, IT, and Healthcare. A passionate advocate for hearing healthcare, he's been instrumental in raising awareness of Audiology in Tanzania and frequently trains professionals in Audiology and Cochlear Implants from the region. Fayaz played a crucial role in establishing Tanzania's Local National Cochlear Implant and was recognized by Muhimbili National Hospital. He collaborates with both public and private healthcare institutions, including Muhimbili National Hospital and The Aga Khan Hospital. A recent highlight of his contributions is setting up a cutting-edge Temporal Bone Dissection skills lab for ear surgeries at Muhimbili National Hospital.

**THURSDAY, 5TH OCTOBER**

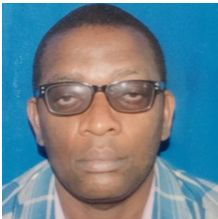
**PANEL DISCUSSION 6**

**POLICY, FINANCING AND LEGAL FRAMEWORK**



**DR WONANJI V. TIMOTHY - CHAIR**

Dr. Wonanji V. Timothy is a public health specialist with more than 15 years of expertise in the healthcare system. Dr. Wonanji presided over the MOH's Technical Working Group on Public and Private Partnerships. By conducting Systematic Assessment of Rehabilitation Situation (STARS) with the assistance of the World Health Organization and completing and launching the First Tanzania National Rehabilitation Strategic Plan in 2021, he also showed leadership in the transformation of rehabilitation services in Tanzania. He also had a significant impact on strengthening MOH's cooperation with regional and international organizations in the drive to revamp Tanzania's mental health services. In order to sustainably improve the quality, affordability, and accessibility of health products and services for communities in Tanzania, is currently actively supporting nonprofit groups and private health institutions.



**DR MSAFIRI KABULWA**

Dr Msafiri Kabulwa has a vast experience working as a tutor and later in health system strengthening a leader. As a public Oral Health Specialist has worked as Coordinator of Clinical Dentistry by coordinating availability of dental supplies and equipment for over ten years at a Ministry level. Currently, he serves as a Coordinator for Geriatrics Health services within the newly established Section of Rehabilitation, Palliative and Geriatrics Services in the Ministry of Health



**DR RAPHAEL F MALLABA**

Dr. Raphael Francis Mallaba is the Claims Processing Manager at Tanzania's National Health Insurance Fund (NHIF). An MD from Xi'an Jiaotong University, China, he further specialized in Laparoscopic surgery from Oxford University and holds an MBA from Mzumbe University, Tanzania. Recognized for his adeptness in corporate management and process improvement at NHIF, Dr. Mallaba also ventured into politics, contesting for the Ukonga Constituency in 2020. A prominent voice on national health issues, he was a key speaker at the 2018 Mwananchi Thought Leadership Forum, addressing the rise in Non-Communicable Diseases in Tanzania.

## PANEL DISCUSSION 6 CONTINUED



**DR DAVID MNZAVA**

David Paul Mnzava is a paediatrician with Legal interest. He is the Registrar of the Medical Council of Tanganyika since August, 2018. He has been involved in the Regulation of Medical Professionals and has been involved in overseeing the officiation of activities of Continuing Professional Development done by medical practitioners contributing to the efforts to improve the quality-of-service delivery among practitioners. Further, he has an interest in seeing quality improvement in the medical field linked to Training through CPD. He has a deep interest in developing upcoming Practitioners and has been involved in Teaching as a part-time lecturer for both undergraduate and postgraduate in the field of Pediatrics.



**DR MATILDA RUSIBAMAYILA**

Dr. Matilda Rusibamayila is an Occupational Health Specialist currently working for Workers Compensation Fund – Tanzania. She has over 10 years of experience ranging from clinical practice, research, hospital management, teaching and compensation for workers who sustain occupational injuries.



**MS REMLA SHIRIMA**

Remla has over 20 years of work experience in healthcare, both in the United Kingdom and in Tanzania. She is a member of the Advocacy group representing World Physiotherapy in the Global Rehabilitation Alliance. She also sits in the Advisory Committee of the Institute for Disability and Rehabilitation Research at Ontario Tech University. Remla founded a healthcare company Physiocare (T) Ltd, and is the founder of NGO Rehab Health. Remla has worked closely with the government and international organisations including WHO within the field of health in advocating for better Rehabilitation services. She is also a council member and Chair of the CPD Committee of the Medical Council of Tanganyika (MCT). She has contributed in development of BSc Physiotherapy at MUHAS. She has contributed in development of various CPD courses, development of rehabilitation guidelines and strategic plan. Remla has spoken in conferences locally and internationally in issues pertaining to Physiotherapy and Rehabilitation;



**THURSDAY, 5TH OCTOBER**

**PANEL DISCUSSION 7**

**INCLUSIVITY, ACCESSIBILITY AND UNIVERSAL HEALTH COVERAGE**



**MR GODFREY S KIMATHY - CHAIR**

Passionate and dedicated Occupational Therapist with a strong background in improving quality of life for individuals across diverse age groups and conditions. Former President of Tanzania Occupational Therapy Association (TOTA). Qualifications include; BSc Occupational Therapy (Jomo Kenyatta University of agriculture and Technology.) Certified Aquatic Therapy Trainer (Kenya Institute of Special Education). Certified Art Therapy Open Studio Trainer (Muhimbili University of Health and Allied Sciences)



**SR ANJELA JEREMIAH**

Sr Anjela Jeremiah, currently the Director of Antonia Verna Rehabilitation Center, has a rich history in healthcare. Before her directorship in 2020, she led the reproductive child health (RCH) at Verna Health Centre, ensuring the well-being of expectant mothers and children. Additionally, she steered the Antonia Verna rehabilitation division, focusing on service expansion and enhancing relationships. Before this, Anjela empowered youths at Veyula Parish on health, life skills, and success strategies. As a head nurse at St. Peter Claver Dispensary for eight years, she was pivotal in enhancing service quality and scope. Sr. Anjela's credentials include a nursing midwifery degree from Mirembe School of Nursing, a certificate from the African School of Hypertension, and a formation director certification from Urbaniana University.



**ZAHIDA CHAGANI**

Zahida Chagani is a seasoned Special Educator with a decade of experience in catering to children with special needs. As the Principal of Al Muntazir Special Education Needs, Zahida champions inclusive education, ensuring every child, irrespective of their capabilities, receives equal learning opportunities. She is driven by the belief that each child should feel valued in an educational setting. Zahida is dedicated to positively impacting children and their families, cherishing the daily opportunity to make a difference.

## PANEL DISCUSSION 7 CONTINUED



**MS FAUSTINA URASSA**

Faustina Urassa, with over two decades of experience in working with individuals with Spinal Cord Injury (SCI) in Africa, is the founder and Executive Director of Songambe Initiative Organisation. Living with SCI for 23 years herself, she is a master trainer in Peer-to-Peer Education, empowering others with SCI to lead lives of independence, dignity, and joy. Faustina, a remarkable and strong woman, utilizes her positive energy and attitude to inspire others to embrace life post-SCI, advocating for proper rehabilitation services and Peer-to-Peer Education as keystones to a fulfilled life.



**FREDRICK MSIGALLAH**

Fredrick Msigallah is a seasoned policy analyst with over two decades in the NGO sector, dedicating 12 years to the disability movement. A graduate of the University of Dar es Salaam with a Bachelor's in Education and holding a Master's in International Development from the University of Manchester, UK, Fredrick has been a tireless advocate for the rights and inclusion of persons with disabilities. He's devoted to capacity building, raising awareness in areas like health, education, and employment. As a person with a physical impairment, his vision is a world where those with disabilities enjoy equal rights and full inclusion in all spheres of life. Presently, he leads the Advocacy and Disability Inclusion Unit at Comprehensive Community Based Rehabilitation in Tanzania (CCBRT) and serves as a Technical Advisor in the Scaling Up Family Planning Programme, a collaborative initiative funded by FCDO.



**MR. JONAS LUBAGO**

Mr. Jonas is the current Secretary General of the Tanzania Federation of the Disabled Peoples Organizations (SHIVYAWATA). Prior to this, he served as Director of the Tanzania League of the Blind from 2015 to 2019. Professionally, he is an educator with both a Bachelor's and Master's degree in Education from the University of Dar es Salaam. He dedicated 7 years teaching at Ruvu Secondary School before immersing himself in the disability rights movement. With a broad spectrum of experience, Mr. Jonas's expertise ranges from being a classroom teacher and mentoring youths with disabilities in career development, to being a national focal point for disabilities in population census. He's been instrumental in lobbying for disability inclusion in SDGs, leading NGO delegations at international events, and has contributed significantly to the national strategy on inclusive education and the development of the National Special/Inclusive Education curriculum.

**THURSDAY, 5TH OCTOBER**

**PANEL DISCUSSION 8**

**REHABILITATION FOR EMERGENCY PREPAREDNESS  
AND DISASTER MANAGEMENT**



**ABDALLAH MAKALA - CHAIR**

Makalla started as a physiotherapist in 2006, working in Community Based Rehabilitation before transitioning to Muhimbili National Hospital, handling diverse cases from cardiac rehabilitation to paediatrics. In 2012, he began lecturing at Muhimbili University. Furthering his education, he attained a Master's in Physiotherapy from the University of the Western Cape, South Africa, in 2015, followed by a notable fellowship at the University of Cape Town. Now a recognized Trainer of Trainers in Tanzania, Makalla specializes in haemophilia and blood disorder rehabilitation. His comprehensive expertise spans clinical supervision, teaching, and research in areas like paediatrics, cardiorespiratory, and more, having delivered over 50 professional presentations in his career.



**SIMION GUNDAH**

Simion is a distinguished Physiotherapist officer at Aga Khan Hospital DSM, a renowned tertiary hospital with Joint Commission International (JCI) Accreditation. Licensed since 2011, his 13-year journey in physiotherapy embodies a deep commitment to improving individual mobility and well-being. In 2020, he took on a Quality assurance and internal audit role in the Rehabilitation Medicine Unit, driving initiatives centered around documentation, standard procedures, and regulatory compliance. Beyond his primary role, Simion is a registered member of the Tanzania Sports Medicine Association (TASMA), specializing in sports medicine. He is passionate about aiding athletes in their recovery from injuries and champions a proactive approach to fostering healthier lifestyles.



**BENAZIR MUSHI**

Benaziri Mushi is a dedicated Prosthetist & Orthotist with a strong experience making a significant impact on the lives of individuals with disabilities by restoring mobility, independence and hope in the face of adversity.

Over the course of her career in rehabilitation field, Benaziri has worked in both a hospital and a community-based rehabilitation setting. With a deep commitment to improving lives of those affected by disasters, she now works with Danish Refugee Council providing rehabilitation services to marginalized individuals in a humanitarian setting.

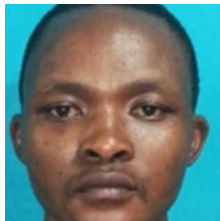
## PANEL DISCUSSION 8 CONTINUED



**TODAY RAMBAU**

A clinical physiotherapist holder of Diploma in physiotherapy (KCMC school of physiotherapy); Bsc in physiotherapy (KCMU-Co); MSc in Clinical physiotherapy (Bergen University College): Specialized in Cardio-pulmonary physiotherapy.

He is an assistant lecturer at KCMU-Co; Clinical instructor and a Pioneer of the Lung Function unit at KCMC hospital. He has a great interest in research activities in reflection to Cardio-pulmonary rehabilitation.



**ERICK. KABUNGO**

Erick Kabungo is a seasoned physiotherapist with expertise spanning hospitals, humanitarian groups, and community organizations. Alongside leadership and project management training, Erick specializes in rehabilitative interventions. He's adept in Age and Disability Inclusion during humanitarian crises, offering care for those with disabilities during disasters. Additionally, he's skilled in cardiopulmonary patient care and Mulligan concepts for musculoskeletal disorders. Erick champions community-based rehabilitation, focusing on health, education, livelihoods, social initiatives, and empowering those with disabilities.



**FILIPPO NISHINO**

Filippo Nishino, President and member of SwissLimbs' management committee, brings a wealth of experience from his 20-year career in project management across various sectors, including multinational corporations. His remarkable track record spans successful rehabilitation initiatives in Tanzania and beyond, offering invaluable insights and strategies for creating resilient projects that address resource constraints in rehabilitation services. Filippo's coordination of complex, long-term projects has proven essential in delivering effective and innovative solutions. Guided by SwissLimbs' dedication to its vision, he has led transformative endeavors—from aiding Syrian war victims scarred by landmines and bombs, to supporting those who've lost limbs due to accidents or diseases in Tanzania, and standing by survivors of war in South Sudan and Sierra Leone. Together, they strive to restore mobility as a fundamental human right, transcending borders and barriers, impacting countless lives worldwide.

**THANK YOU FOR JOURNEYING WITH US. OUR HOPE IS THAT THE  
PAST 2 DAYS HAVE BEEN INSPIRING AND GAVE YOU AN  
OPPORTUNITY TO LEARN, GROW AND PROGRESS WITH A COLLECTIVE  
AIM OF DEVELOPING REHABILITATION FIELD IN TANZANIA.**

**WE LOOK FORWARD TO SEEING YOU AGAIN NEXT YEAR.**



**After you have heard, contributed,  
inspired, stimulated, learned,  
connected....go be that change  
agent transforming rehabilitation  
services in your area.**



**SUMMIT 2023**