

TANZANIA'S 2ND

REHABILITATION SUMMIT 2024



DATE: 18TH -20TH SEPTEMBER, 2024

VENUE: JNICC, DAR ES SALAAM



ADVANCING REHABILITATION AGENDA: STRENGTHENING HEALTH SYSTEMS

Rehab Health in collaboration with the Ministry of Health co-hosted the Rehabilitation Summit 2024 after a groundbreaking event the year before. The theme of the summit this year was **Advancing Rehabilitation Agenda: Strengthening Health Systems**. The Summit offers a space for sharing knowledge and innovative practices, professional development and stimulating discussions to jointly steer the mission of advancing rehabilitation services in Tanzania.

Rehabilitation is still perceived as supplemental and not core health services; and the country faces significant challenges in delivering effective rehabilitation services including limited access to facilities and shortage of skilled professionals. It is crucial that rehabilitation health services are promoted to enhance functioning for inclusive social and economic development; this is the reason for Summit's existence.

The Rehabilitation Summit 2024 showcased a diverse turnout, marking a significant step in advancing the rehabilitation agenda within health services. The summit gathered participants from all regions of Mainland Tanzania and Zanzibar, as well as attendees from the East Africa region, Europe, and Australia (see Table 1). Attendees included a multidisciplinary team of rehabilitation and medical professionals, government representatives, students, academic institutions, rehabilitation centres, media, exhibitors, and sponsors (see Table 2). The World Health Organization (WHO) Africa Regional Office was also represented.

PARTICIPANTS' COUNTRIES

COUNTRY	TOTAL
Australia	1
Cameroon	1
Kenya	3
The Netherlands	1
Nigeria	1
Rwanda	2
Tanzania	288
Uganda	2
United Kingdom	2
TOTAL	301

Table 1

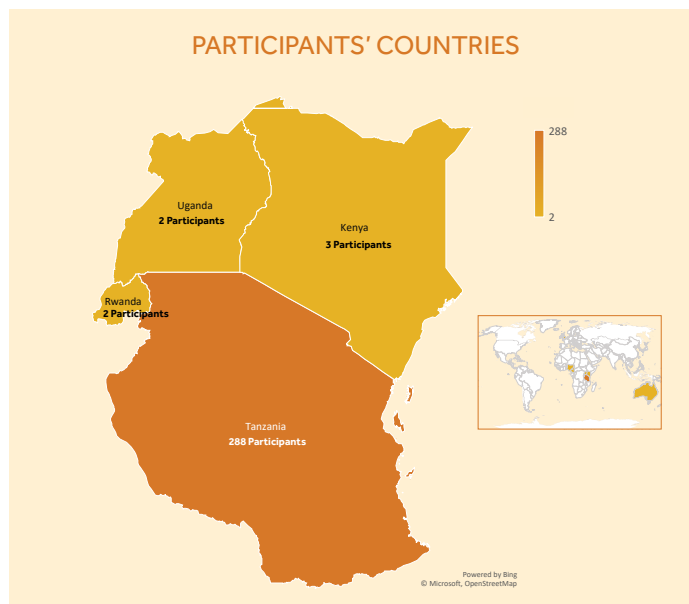


Figure 1

The Summit attracted attendees from 167 hospitals and institutions across six African countries and three non-African countries which include the United Kingdom, The Netherlands, and Australia (see Figure 1). Participants included representatives from the Ministry of Health, military and police forces, training institutions (with 20 students sponsored to attend), government and private hospitals, local and international NGOs, exhibitors, rehabilitation professional associations, financial institutions, and media houses (See Figure 2).

Table 2: Participation of Organizations in the 2nd Rehabilitation Summit 2024

ORGANIZATIONS	TOTAL
Government Hospitals and Institutions	97
Private Hospitals & Institutions	70
Training Institutions	43
NGO's	74
Others	17
TOTAL	301

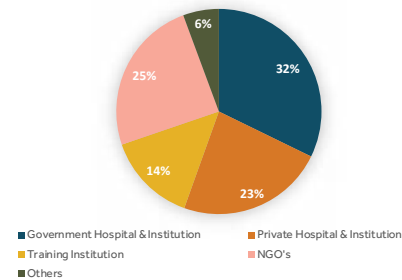


Figure2

This year's summit was opened by Minister for Education, Science and Technology representing Minister for Health. In the Minister's speech which was read on her behalf, the Minister acknowledged the challenges faced in providing rehabilitation services and reiterated the government's commitment to addressing them as highlighted on the 2021-2026 National Rehabilitation Strategic Plan. Additionally, the Minister stressed that the government will promote favourable policies to support rehabilitation, further sharing a more positive step which is a plan to open the first Specialized Rehabilitation hospital in Tabora. In order to address the lack of rehabilitation professionals, a degree course in Occupational Therapy and Speech and Language Therapy have been established at the Muhimbili University of Health and Applied Sciences (MUHAS) and Kilimanjaro Medical University (KCMUCo).

The Minister then called upon various stakeholders including national and international non-governmental organizations (NGOs) to work with the Government in organising and conducting community awareness campaigns about the importance of Rehabilitation services for people with disabilities, injuries and the elderly. The Minister expects to receive the resolutions that will emerge from the summit and promised to work on those that will require actions from the government.



The Director of Curative Services at MoH, Dr. Hamad J. Nyembea contextualised rehabilitation recognising the current needs of rehabilitation in Tanzania. He emphasized on the need to invest in training to increase skilled workforce in rehabilitation, in addition strengthening collaboration between MOH and the Ministry of Education, Science and Technology to design awareness programs for a wider community reach.

He further added that, efforts should be directed to strengthen the primary healthcare system to accommodate rehabilitation services, focus on development of infrastructure and acquisition of equipment for healthcare facilities to provide an enabling environment for rehabilitation services.

Ms. Brenda Msangi, CEO of CCBRT, delivered a keynote address emphasizing that the organization's core mission is to provide rehabilitation services. She highlighted CCBRT's notable achievements in enhancing access to assistive devices, empowering women economically, and leveraging digital technology to advance rehabilitation services. Ms. Msangi urged summit participants to reflect on the transformative impact of rehabilitation services to individuals in need, actively contribute to training the next generation of professionals, and embrace innovation. She also underscored the importance of collaboration among stakeholders to uplift families and strengthen communities through rehabilitation.

In her address, Ms. Remla Shirima, the Executive Director of Rehab Health, emphasized the growing demand for rehabilitation services and the need for increased investment in areas such as training rehabilitation professionals, improving access to assistive devices, and advancing infrastructure development. She applauded the Ministry of Health (MoH) for its commitment to rehabilitation, including allocating funds for rehabilitation services in the 2024/25 budget and developing a data system to enhance health information systems by tracking rehabilitation services. Ms. Shirima also commended the establishment of the Rehabilitation Unit under the Directorate of Curative Services, which has provided critical policy guidance and facilitated collaboration with rehabilitation stakeholders. As part of advocacy efforts, she announced the launch of the **Tanzania Rehabilitation Alliance (TARA)**, a coalition of eight organizations committed to promoting rehabilitation services across the country. These organisations include: **MDH, Rehab Health, Kafka House, CBM, CCBRT, CBR Network Tanzania, Afya Check, and Kyaro Assistive Technology**. The goal of **TARA** is to amplify advocacy efforts to promote rehabilitation services, support capacity building, research, and innovation in rehabilitation and foster collaboration among stakeholders in ensuring that rehabilitation becomes an integral part of Tanzania's healthcare system, reaching every individual in need.



A moving testimony was narrated by the Founder of Lukiza Autism Foundation who is also a mother of a son with autism, she testified how rehabilitation services have greatly shaped and changed her Autistic son. Autism is a condition that is still not well known in our society and the search for knowledge on this condition led her to finding ways to advocate for autistic individuals' access to specialised rehabilitation services.

This year, the summit uniquely honored 4 distinguished professionals whose passion, dedication, and hard work have profoundly impacted the rehabilitation ecosystem in Tanzania. The awards were presented in three categories: Rehabilitation System Strengthening, Academia, and Clinical Practice.

In the Rehabilitation System Strengthening category, Mr. John Samwel Makange and Dr. Vivian Wonanji were recognized for their pivotal contributions to the development of Tanzania's first National Rehabilitation Strategic Plan and the National Strategy for Disability Services. Their work involved soliciting financial resources and creating with specific functions, the Rehabilitation Working Group.

In the Academia category, Mr. Egfrid Michael Mkoba was celebrated for dedicating over 35 years of his career to educating and mentoring rehabilitation students. His efforts have enabled many to advance academically and professionally, forming the majority of Tanzania's current rehabilitation workforce.

Finally, in the Clinical Practice category, Mama Annie Chacha was honored as one of Tanzania's pioneers in physiotherapy. After training abroad, she returned to establish and develop clinical therapy services, leaving an indelible mark on the profession.



THE STRUCTURE

The summit was organised by two coordinating teams, that is, an organising team and a program team. The organising team was composed of Rehab Health staff, MoH staff and event planners; while the program team was composed of part of the Rehab Health staff and other stakeholders in the Rehabilitation sector: from hospitals, higher learning institutions, non-governmental organisations and from the Rehabilitation Unit in the MoH. The organising team was tasked with responsibilities related to logistical arrangements while the program team was responsible for organising the themes and content of the program including selection of speakers.

As the 2024 Summit's theme reads, the summit set the tone in converging all the stakeholders in rehabilitation for 2.5 days, engaging participants in a wide range of topics in rehabilitation and through various formats including plenary session, discussions sessions, rehabilitation forums, workshops and exhibitions, all happening simultaneously.



KEY HIGHLIGHTS

- The 2nd Rehabilitation Summit was marked by an eventful opening ceremony and a strong turnout, with participants from various regions of Tanzania and international delegates, actively engaging in stimulating discussions and networking opportunities.
- The Summit offered 5 rooms with various sessions happening simultaneously for participants to choose from including: scientific presentations, discussion sessions, rehabilitation forum, workshops and wellness hub.
- The summit featured a diverse array of exhibitions showcasing different products and services related to rehabilitation care.
- During the event, the Guest of Honor emphasized the government's commitment to enhancing existing health facilities to provide rehabilitation services and to establish these services in facilities that currently lack them, particularly in primary health care settings; including development of Specialized Rehabilitation Hospital in Tabora.
- Live broadcast by Azam Media TV, who covered the opening ceremony and live broadcast of the Rehabilitation and Sports panel discussion for the Azam Sports TV channel.

DISCUSSION SESSIONS

Participants had the opportunity to explore hot topics and engage in dynamic and interactive discussions led by experts in the field. These sessions were designed to encourage sharing of insights, experiences, and best practices. Attendees had the opportunity to contribute their perspectives, and engage in meaningful dialogue.

The main discussion topics during the 2024 Rehabilitation Summit included:

Plenary Session: Rehabilitation Financing

01. Assistive Devices:
Availability and Accessibility

02. Rehabilitation Workforce
Training

03. Service Delivery in
Rehabilitation

04. Early Identification and
Intervention

05. Rehabilitation
Research

06. Rehabilitation in Sports

07. Digital Rehabilitation

08. Rehabilitation and
Inclusivity

REHABILITATION FORUMS

Rehabilitation forums in the Summit 2024 involved expert presentations on critical rehabilitation topics. Each presentation was followed by an open discussion, allowing participants to engage with the speakers and explore the presented ideas further. These forums fostered a deeper understanding of the challenges and opportunities in rehabilitation, promoting collaborative solutions. Four organizations hosted their forums, sharing their experiences:

1. **World Health Organization (WHO)** together with ReLAB-HS: Presented the Basic PIR Toolkit for primary care professionals.
2. **Workers' Compensation Fund (WCF):** Presented on Adequate and Equitable Compensation and the role of Rehabilitation in clients' recovery journey.
3. **Management and Development for Health (MDH):** Presented their Club Foot Programme.
4. **Aga Khan University:** Presented on the Synergy of Training, Research and Service in Promoting Rehabilitation Care in Tanzania.



WORKSHOPS

Two 2-day practical workshops were offered during the Summit 2024. These workshops were designed to be hands-on training for practical skills development. Summit attendees participated in interactive exercises and practical demonstrations to gain actionable skills relevant to their professional practice. The workshops were structured to provide a comprehensive learning experience in a supportive environment. These workshops were sponsored by two institutions: Basic Life Support Training for Healthcare Professionals was offered by Emergency Medical Services Academy (EMSA) and Introduction to Research Methods & Manuscript Writing for Rehabilitation Professionals was offered by Muhimbili University of Health and Allied Sciences (MUHAS)





WELLNESS HUB

BloomWellness provided a resourceful Wellness Hub that served as a center for health talks, wellness tips, and holistic care guidance. The hub offered quick wellness assessments to participants, helping them identify key areas for improving physical and mental health. Activities included group exercises, stretch sessions, mindfulness meditation, yoga, breathing exercises, and relaxation techniques to showcase effective tools for stress management.

NETWORKING

The Summit provided participants with numerous networking opportunities, allowing them to engage during various sessions, explore exhibitions, and connect during breaks. This interaction facilitated learning from one another and opened doors for establishing professional relationships.



RESOLUTIONS FROM REHABILITATION SUMMIT 2024

The discussion sessions in the summit were successfully carried out and a number of pertinent issues emerged out of the discussions. The following are the resolutions to the government particularly the Ministry of Health, health care providers, and other stakeholders including academic institutions, private and non-governmental organisations.

1. Policy and Regulations

Formulate appropriate policies and regulations to enhance comprehensive rehabilitation services for all individuals.

2. Training and Education

To enhance quality for young professionals to boost the availability and use of rehabilitation services. Provide basic knowledge to medical personnel through diverse training programs, ranging from short courses at the community level to higher education.

3. Inclusive Rehabilitation

Extend rehabilitation services beyond patients to include caregivers, empowering them throughout the rehabilitation process. Integrate mental health rehabilitation services into community settings, such as schools.

4. Advocacy and Awareness

Increase stakeholders' engagement in advocacy initiatives to raise community awareness about rehabilitation services, combat stigma, and promote the early identification of rehabilitation needs.

5. Interdisciplinary Engagement

Foster interdisciplinary collaboration among health professionals to enhance practices and promote better health outcomes.

6. Rehabilitation Units in Hospitals

Encourage both private and public hospitals to plan and establish rehabilitation units within their facilities.

7. Strengthening Health Systems

Strengthen health systems to support and enable a robust referral system for rehabilitation cases through Community Health Workers (CHWs) who identify and refer patients.

8. Early Identification and Monitoring

Train healthcare professionals to monitor children's developmental milestones closely and empower parents to detect issues early. Integrate early identification of rehabilitation needs into clinical care for effective follow-up.

9. Procurement Integration

Ensure that essential rehabilitation products are included in the Medical Stores Department (MSD) portal for procurement.

10. Research Integration

Promote the integration of research on rehabilitation, including the applicability of digital tools in enhancing rehabilitation services.

11. Health Insurance Integration

Integrate rehabilitation services into health insurance packages to improve accessibility for patients.

12. Financial Resource Allocation

Increase allocation of financial resources towards rehabilitation services.

Live broadcast by Azam Media TV, who covered the opening ceremony and live broadcast of the Rehabilitation and Sports panel discussion for the Azam Sports TV channel.



CONCLUSION

The 2nd Rehabilitation Summit was well received with increasing number and diversity of participants compared to the previous summit 2023. This Summit has recorded successes having more features in terms of offering a wider range of topics for panel discussions, rehabilitation forums, a selection of workshops and availability of wellness sessions. Furthermore, the Ministry of Health and WHO Afro has recommended for this Rehabilitation Summit to develop further, turning into a sub-regional event.

Rehabilitation Summit 2024 has served as a remarkable platform for learning, sharing knowledge, and fostering invaluable connections among participants. The collaborative

spirit and collective commitment demonstrated throughout the event underscored our shared dedication to strengthening rehabilitation systems across the country and beyond. The rich discussions and exchange of best practices have not only illuminated the current landscape of rehabilitation services but have also inspired innovative approaches and solutions to the challenges we face. As we move forward, the relationships built, and insights gained during this summit will play a significant role in advancing our efforts to ensure that rehabilitation services are accessible to all who need them. Together, we are empowered to drive meaningful change and create a healthier, more inclusive future for the community.

ACKNOWLEDGEMENT

We extend our heartfelt gratitude to all those who contributed to the success of the Rehabilitation Summit 2024.

First and foremost, we deeply appreciate the support of our esteemed sponsors, whose financial and material contributions made this event possible. We thank:

Ministry of Health (MoH), Medical Council of Tanganyika (MCT), Workers' Compensation Fund (WCF), Tanzania Medicines & Medical Devices Authority (TMDA), Private Hospitals Advisory Board (PHAB), Medical Stores Department (MSD), Azam Media, MDH, CRDB Bank, Clinton Health Access Initiative (CHAI), Christian Blind Mission (CBM), Kafka House, Hakuna Matata, World Health Organization (WHO), CCBRT, Call Africa Organization, Physiocare (T) Ltd, Precision Air, Abstrat, Manji Polyclinic, TanfoaM, and others whose support contributed to the success of this event.

Our appreciation also goes to Bloom Wellness, Emergency Medical Services Academy (EMSA), and Muhimbili University of Health and Allied Sciences (MUHAS) for their special involvement.

We are equally grateful to the exhibitors and presenters for their outstanding contributions in showcasing innovations, sharing knowledge, and facilitating engaging discussions.

Lastly, we express our sincerest thanks to all participants, whose active engagement and dedication enriched the summit and fostered meaningful collaborations.

Thank you for being a vital part of this remarkable journey toward enhancing rehabilitation services.

GALLERY



GALLERY



WELCOME TO THE 2ND REHABILITATION SUMMIT!



It is with great excitement that we mark another significant milestone in our collective journey towards advancing rehabilitation services and enhancing the quality of care for individuals in need. This year's summit themed **Advancing Rehabilitation Agenda: Strengthening Health Systems** - builds upon the success of our inaugural event, welcoming international experts and delegates further solidifying our commitment to elevating the field of rehabilitation in our country.

This summit is truly one of its kind in the country, bringing together a diverse array of experts, rehabilitation professionals, healthcare providers, policymakers, and stakeholders who are united by a shared vision: to advocate and raise awareness, address challenges and opportunities in rehabilitation, and foster collaboration within this vibrant community. We are excited to provide a platform where knowledge and ideas can flow freely, and where participants can engage in meaningful dialogue about the future of rehabilitation.

Throughout the summit, you will have the opportunity to attend panel discussions led by experts in the field, participate in interactive workshops that explore emerging trends in research and other techniques, and experience scientific presentations that showcase research and successful rehabilitation strategies. Our rehab forums will also allow for critical conversations, learn best practices and the role that each of us can play in advancing rehabilitation services nationwide.

As we embark on this journey together, I encourage each of you to engage fully, share your insights, and network with fellow attendees. This summit is not just an event; it is a catalyst for change, aimed at improving rehabilitation outcomes for individuals across all demographics.

Thank you for being here. Together, let us shape the future of rehabilitation in Tanzania!

Remla M. Shirima

Founder and Executive Director
Rehab Health

SPONSORS & PARTNERS



MINISTRY OF HEALTH





01ST DAY: 18TH SEPTEMBER, 2024

TIME	EVENT	RESPONSIBLE
9:00 - 12:00	Registration	All Participants
12.00 - 13.00	Guests Sitted	All
13.00 - 13.05	Arrival of Guest of Honor	Protocol
13.05 - 13.20	Exhibition Booths Visit	Guest of Honor and Delegation
13.20 -13.25	Opening Prayer	Religious Leaders
13.25 - 13.35	Welcome Note	Founder of Rehab Health - Remla M. Shirima
13.35 -13.42	Keynote Speech	Executive Director CCBRT - Brenda Msangi
13.42 - 13.47	Testimonial from Beneficiary	Founder of Lukiza Autism Foundation - Hilda Nkabe
13.47 -13.50	Greetings from the Ministry of Health	Director of Curative Services MoH - Dr. H.J. Nyembea
13.50 -13.53	Greetings from RC Dar Es Salaam	RC Dar es Salaam

01ST DAY: 18TH SEPTEMBER, 2024

TIME	EVENT	RESPONSIBLE
13.53 - 14.15	Speech by the Guest of Honor	Guest of Honor
14.15 - 14.20	Awards	Guest of Honor to Present Awards
14.20 - 14.30	Photos with Guest of Honor	Summits Organizers
14.30 - 15.30	Panel Discussion: Rehabilitation Financing	
	Moderator: Dr. Vivian Wonanji	Dr. Heri Marwa – PharmAccess
		Lusajo Ndagile – MoH
		Dr. Nassib Tawa - WHO AFRO
		Dereck Chitama – Kampala International University
Dr. Raphael Mallaba – NHIF		
15.30 - 15.45	Vote of Thanks	Board Chairman Rehab Health
15.45 - 17.00	Refreshments and Networking	All

02ND DAY: 19TH SEPTEMBER, 2024

VENUE: MOUNT MERU

TIME	ACTIVITY	PARTICIPANT	PRESENTER
8:00 am - 9:00 am	Registration		
9:00 am - 10:30 am	Panel Discussion 1: Assistive Devices: Availability and Accessibility		
		Chair: Colman Ndetembea	Results 4 Development-Nelsha Hajji
			Circ Leg - Shammah Wema
			Motivation Kenya - Peter Mbuguah
			Clinton Health Access Initiative (CHAI)- Frederic Seghers
			HelpAge Tanzania - Martha Jerome
MSD - Elias Masumbuko Katani			
10:30 am - 11:00 am	TEA BREAK		
11:00 am - 12:30 pm	Panel Discussion 2: Rehabilitation Workforce Training		
		Chair: Prof. Obadia Nyongole	SFUCHAS - Prof. Senga Pemba
			AgaKhan University - Prof. Pascal Ruggajo
			MUHAS - Prof. Enica Richard
			MoH-Dr Msafiri Kabulwa
Child Support Tanzania -Hildergarde Mehrab			
12:30 pm - 13:00 pm	PRESENTATION (MNH by Baldwina Tita Olik)		
01:00 pm - 02:00 pm	LUNCH BREAK		

02ND DAY: 19TH SEPTEMBER, 2024

VENUE: MOUNT MERU

TIME	ACTIVITY	PARTICIPANT	PRESENTER
02:00 pm - 03:30 pm	Panel Discussion 3: Service Delivery in Rehabilitation		
		Chair: Rhoda Ndakwe	Kafika House - Judith Merinyo
			HearWell - Rashida Hassouji
			CCBRT- Ruth Onesmo
			Fiona Stanley Hospital - Dr. Reena Patel
03:30 pm - 03:40 pm	SPONSOR PRESENTATION (EMSA by Dr. Ramadhan Chunga)		
03:40 pm - 05:00 pm	Panel Discussion 4: Early Identification and intervention		
		Chair: Dr. Brenda Dimelo	Sense International - Naomi Lugoe
			MDH - Emmanuel Kowero
			Lukiza Autism Foundation - Ms. Hilda Nkabe
			Aga Khan Hospital - Aleya Remtulla
			HearWell - Ali Jaffer
Kafika House - Rehema Simon			
END OF DAY 2			

02ND DAY: 19TH SEPTEMBER, 2024

VENUE: MIKUMI

TIME	ACTIVITY	PARTICIPANT	ORGANISATION/ DESCRIPTION/ MOTION
8:00 am - 9:00 am	Registration		
9:00 am - 10:30 am	WHO AFRO Presentation: Basic PIR:Tool kit for primary care professionals		
		Chair: Dr. Nassib Tawa	
		Sam Tukey Ojulo	
		Gerald Okello	
10:30 am - 11:00 am	TEA BREAK		
11:00 am - 12:30 pm	Scientific Presentation 1: PATIENT/CLIENT CARE		
	Chair: Abdallah Makalla	Zulekha Abdallah- CCBRT	Introducing Therapeutic Positioning and Movement Skills and modified Gross Motor Function Classification System
		Eunice Kombe - KCMUCo	Exploring Unmet Needs in Prosthetic and Orthotic Service Provision: Perspectives and Experiences in Tanzania
		Donald Mchihiyo - CCBRT	Prosthetics and orthotics management to client with phocomelia
		Valentina de Cao - Comunita' Solidali nel Mondo	SHINE Project: Implementation of a Cascade Training on Diagnosis and Management of Epilepsy In Tanzania
12:30 pm - 01:15 pm	Scientific Presentation 2: REHABILITATION EDUCATION		
	Chair: Judith Merinyo	Dominick M. Mshanga - KCMUCo	Effects of digital rehabilitation in Occupational Therapy practice
		Aika Wilfred -TOTA	Integrating Entrepreneurial Skills to Improve Rehabilitation Services
		Rhoda Ndakwe- CCBRT	Factors affecting women with disabilities in Tanzania in accessing sexual and reproductive services
		Dr. Haleluya Moshi - KCMUCo	The proposed first Master of Science in Rehabilitation in Tanzania and Kenya (A consortium of four East African Universities)
Hilda Mlay - MDH		Enhancing Clubfoot Treatment for Children in Tanzania: Lesson learnt from Supportive Supervision and Training Programs (October 2023- June 2024)	
01.15: 02:15 pm	LUNCH BREAK		

02ND DAY: 19TH SEPTEMBER, 2024

VENUE: MIKUMI

TIME	ACTIVITY	PARTICIPANT	ORGANISATION/ DESCRIPTION/ MOTION
02:15- 03:30 pm	Scientific Presentation 3: HEALTH/REHABILITATION SYSTEMS		
	Chair: Dr. Haleluya Moshi	Hildegard Mehrab - Child Support Tanzania	Strengthening health systems for children with disabilities in Mbeya
		Cosmas Charles Madembwe	Leadership in rehabilitation
		Mr Jean Damascene Bigirimana - JAMK Univesity	Exploring the Perspectives of Community Health Workers in Rwanda regarding the Use of Digital Rehabilitation in Primary Health Care
		Jaclyn Lekule -Kafika House	Caregivers' perspectives of community acceptance before and after surgical treatment for their child's disability
		Neema Lukwambe - CCBRT	Exploring financing allocation for rehabilitation services in Tanzania
		Said Mkwizu - MDH	Integration of vocational skills training in MAT care in Dar es Salaam
03:30- 04:30 pm	Rehab Forum: WCF -Adequate and Equitable Compensation		
	Chair		
		Presenters	
		Dr. Kyangwe Wambura	
		Dr. Pascal Magesa	
		Dr. Matilda Rusibamayila	
Ms. Elice Temu			
END OF DAY 2			

WORKSHOP

Introduction to Research Methods & Manuscript Writing for
Rehabilitation Professionals

02ND DAY: 19TH SEPTEMBER, 2024

VENUE: AMBONI : INTRODUCTION TO RESEARCH METHODS

TIME	ACTIVITY	PERSON
OPENING REMARKS		
08:30-08:45	Introduction to the workshop objectives	George Kiwango
08:45-09:00	Overview of the importance of research in professional settings, including	
Basics of Research Design		
09:00-09:30	Overview of different types of research (quantitative, qualitative and mixed methods)	Fredirick Mashili
09:30-10:30	Problem statement and conceptual framework	
10:30-11:00	COFFEE BREAK	
Sampling techniques and Data collection methods		
11:00-12:00	Research methods, Quantitative	George Kiwango
12:00-13:00	Research methods, Qualitative	Nathanael Sirili
13:00-14:00	LUNCH BREAK	
14:00-15:00	Step-by-step guide to writing a research proposal	Manase Kilonzi
	Overview of informed consent, confidentiality and data protection	
15:00-16:00	Group activity	George Kiwango/Manase Kilonzi
16:00-16:30	TEA/COFFEE BREAK	
END OF DAY 2		

WORKSHOP

Emergency Cardiovascular Care Workshop

02ND DAY: 19TH SEPTEMBER, 2024

VENUE: BAGAMOYO

TIME	DESCRIPTION	RESPONSIBLE	
08:00- 08:30	Welcome and Groups Registrations		
08:30- 10:00 GROUP 1: 54 PAX	SESSION 1: Assessment of an acutely Ill patient-Station	Practice station: ABCD approach with 6 Mannikin (20) Participants Testing station: Demonstration of Assessment skills- AHA BLS	Specialists in Critical Care Anesthesia 1 Facilitator: 6 participants
	SESSION 2: Assisting a patient in Respiratory arrest.	Use of Oxygen devices: pocket Mask, First Aid kit, BVM	
	SESSION 3: Assisting a patient in cardiac arrest CPR Skills and use of AED		
10:30-11:00	HEALTH BREAK, NETWORKING		
11:00- 14:00: GROUP 2: 54 PAX	SESSION 1: Assessment of an acutely Ill patient-Station	Practice station: ABCD approach with 6 Mannikin (20) Participants Testing station: Demonstration of Assessment skills- AHA BLS	Specialists in Critical Care Anesthesia 1 Facilitator: 6 participants
	SESSION 2: Assisting a patient in Respiratory arrest.	Use of Oxygen devices: pocket Mask, First Aid kit, BVM	
	SESSION 3: Assisting a patient in cardiac arrest CPR Skills and use of AED		
14: 00- 15: 00	HEALTH BREAK, NETWORKING		
15:00- 17:00: GROUP 3: 54 PAX	SESSION 1: Assessment of an acutely Ill patient-Station	Practice station: ABCD approach with 6 Mannikin (20) Participants Testing station: Demonstration of Assessment skills- AHA BLS	Specialists in Critical Care Anesthesia 1 Facilitator: 6 participants
	SESSION 2: Assisting a patient in Respiratory arrest.	Use of Oxygen devices: pocket Mask, First Aid kit, BVM	
	SESSION 3: Assisting a patient in cardiac arrest CPR Skills and use of AED		

BLOOM WELLNESS & WOMEN HEALTH TALK

02ND DAY:
19TH SEPTEMBER, 2024

VENUE:
GOMBE

A space for:



Health Talk



Yoga



**Stretch &
Exercise**



Meditation



Relaxation

03RD DAY: 20TH SEPTEMBER, 2024

VENUE: MOUNT MERU

TIME	ACTIVITY	PARTICIPANT	PRESENTER
8:00 am - 9:00 am	Registration		
9:00 am - 10:20am	Panel Discussion 5: Rehabilitation Research		
		Chair: George Kiwango - MUHAS	KCMUCo - Eunice Kombe
			KCMCo - Dr. Haleluya Moshi
			Cameroon Physio - Etienne Ngeh Ngeh
10:20 am - 10:30am	SPONSOR PRESENTATION (MCT by Dr. Mashauri M. Lisso)		
10:30 am - 11:00 am	TEA BREAK		
11:00 am - 12:15 pm	Panel Discussion 6: Rehabilitation in Sports		
		Chair: Abdallah Makalla	CRDB Bank - Peter Segeja
			Nottingham Rehab - Johnny Wilson
			TruCare Ltd - Salmin Mkwachu

03RD DAY: 20TH SEPTEMBER, 2024

VENUE: MOUNT MERU

TIME	ACTIVITY	PARTICIPANT	PRESENTER
12:15pm - 01:30 pm	Panel Discussion 7: Digital Rehabilitation.		
		Chair: Edwin Kashangaki	Wellness Station - Erick Rwekiza
			KCMC - Dominic Mshanga
			Physitrack - Mr. Jean Damascene Bigirimana Ngamba
			Tanz Med- Mr Mkata Nyoni
WHO Tanzania - Elibahati Akyoo			
01:30 pm - 02:30 pm	LUNCH BREAK		
02:30 pm - 04:00 pm	Panel Discussion 8: Rehabilitation and Inclusivity		
		Chair: Dr ,Victoria Paul Ndembo	National Educational Support, Resource and Assesment Center (ESRAC) - Mary Batamula
			Gabriella Rehabilitation Center - Brenda Shuma
			CCBRT Moshi - Sabas Kimario
			Beyond Inclusion - Yohana Ng'wandu
Prime Minister's Office-Labour, Youth, Employment and Persons with Disabilities - Wambura L. Kizito			
04:00pm - 05:30 pm	CLOSING OF DAY 3		
CLOSING CEREMONY			
04.30 pm	Guests Arrival		
Closing Speech			
05.00 pm	Guests Departure		

03ND DAY: 20TH SEPTEMBER, 2024

VENUE: MIKUMI

TIME	ACTIVITY	PARTICIPANT	PRESENTER
8:00 am - 9:00 am	Registration		
REHABILITATION FORUMS			
9:00 am - 10:30 am	Rehab Forum 2: MDH-Overview of Clubfoot Treatment in Tanzania		
		Chair: Dr.Roseline Urio-MDH	Dr. Mwinyikondo Amir - MoH
			Anthony Binamungu - Miracle Feet
			Emmanuel Kowero- MDH
Dr. Roseline Urio- MDH			
10:30 am - 11:00 am	TEA BREAK		
11:00 am - 12:30 pm	Rehab Forum 3: Agakhan Univesity -The synergy of training,research, and service in promoting rehabilitation care in Tanzania		
		Chair: Prof. Mayowa Owolabi	Prof. Paschal Ruggajo
			Prof. Phillip Adebayo
			Prof Hameed Kamran
Simion Gunda			
12:30 pm - 01:00 pm	SPONSORS PRESENTATION (St Kizito Hospital by Mariet Mulders)		
01:00 pm - 02:00 pm	LUNCH BREAK		
02:00 pm	All articipant should be headed to Mt. Meru		
4:00 PM	CLOSING OF DAY 3		
CLOSING CEREMONY			
04.30 pm	Guests Arrival		
Closing Speech			
05.00 pm	Guests Departure		

WORKSHOP

Introduction to Research Methods & Manuscript Writing for Rehabilitation Professionals

03RD DAY: 20TH SEPTEMBER, 2024

VENUE: AMBONI

INTRODUCTION TO MANUSCRIPT WRITING

TIME	ACTIVITY	PERSON
OPENING REMARKS		
08:30-08:45	Recap	George Kiwango
08:45-09:00	Overview of the manuscript writing process	
Structure of a Research Manuscript		
09:00-10:30	Detailed breakdown of manuscript sections: Title, Abstract, Introduction, Methods, Results, Discussion, Conclusion and References	Fredirick Mashili
10:30-11:00	COFFEE BREAK	
Writing the Results and Discussion		
11:00-13:00	How to 1. Write a results section 2. Interpreting results and relating them to existing literature(discussion) 3. Writing a strong conclusion	Deodatus Kakoko
13:00-14:00	LUNCH BREAK	
Manuscript Submission and Peer Review Process		
14:00-15:00	Step-by-step guide to writing a research proposal	Manase Kilonzi
	Overview of informed consent, confidentiality and data protection	
15:00-16:00	Group activity	George Kiwango/Manase Kilonzi
16:00-16:30	TEA/COFFEE BREAK	
CLOSING OF DAY 3		
CLOSING CEREMONY		
04.30 pm	Guests Arrival	
Closing Speech		
05.00 pm	Guests Departure	

WORKSHOP

Emergency Cardiovascular Care Workshop

03RD DAY: 20TH SEPTEMBER, 2024

VENUE: BAGAMOYO

TIME	DESCRIPTION		RESPONSIBLE
08:00- 08:30	Welcome and Groups Registrations		
08:30- 10:00 GROUP 1: 54 PAX	SESSION 1: Assessment of an acutely Ill patient- Station	Practice station: ABCD approach with 6 Mannikin (20) Participants	Specialists in Critical Care Anesthesia
		Testing station: Demonstration of Assessment skills- AHA BLS	
	SESSION 2: Assisting a patient in Respiratory arrest.	Use of Oxygen devices: pocket Mask, First Aid kit, BVM	1 Facilitator: 6 participants
	SESSION 3: Assisting a patient in cardiac arrest CPR Skills and use of AED		
10:30-11:00	HEALTH BREAK, NETWORKING		
11:00- 14:00: GROUP 2: 54 PAX	SESSION 1: Assessment of an acutely Ill patient- Station	Practice station: ABCD approach with 6 Mannikin (20) Participants	Specialists in Critical Care Anesthesia
		Testing station: Demonstration of Assessment skills- AHA BLS	
	SESSION 2: Assisting a patient in Respiratory arrest.	Use of Oxygen devices: pocket Mask, First Aid kit, BVM	1 Facilitator: 6 participants
	SESSION 3: Assisting a patient in cardiac arrest CPR Skills and use of AED		
14: 00- 15: 00	HEALTH BREAK, NETWORKING		
15:00- 17:00: GROUP 3: 54 PAX	SESSION 1: Assessment of an acutely Ill patient- Station	Practice station: ABCD approach with 6 Mannikin (20) Participants	Specialists in Critical Care Anesthesia
		Testing station: Demonstration of Assessment skills- AHA BLS	
	SESSION 2: Assisting a patient in Respiratory arrest.	Use of Oxygen devices: pocket Mask, First Aid kit, BVM	1 Facilitator: 6 participants
	SESSION 3: Assisting a patient in cardiac arrest CPR Skills and use of AED		
END OF DAY 3			
CLOSING CEREMONY			
04.30 pm	Guests Arrival		
Closing Speech			
05.00 pm	Guests Departure		

BLOOM WELLNESS & WOMEN HEALTH TALK

02ND DAY:
19TH SEPTEMBER, 2024

VENUE:
GOMBE

A space for:



Health Talk



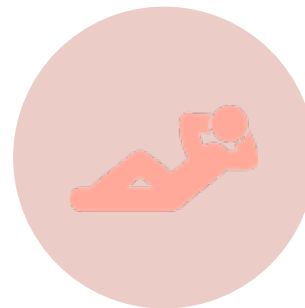
Yoga



**Stretch &
Exercise**



Meditation



Relaxation

CLOSING CEREMONY

04.30 pm

Guests Arrival

Closing Speech

05.00 pm

Guests Departure

PANELS

Rehabilitation Financing

Session Summary:

Effective financing is the backbone of a sustainable rehabilitation healthcare system. This panel will explore innovative funding models and strategies to ensure that rehabilitation services are adequately supported. Discussions will focus on best practices, the importance of securing long-term investments, optimizing resource allocation,

and exploring partnerships with government, private sector, and international donors. Panelists will provide insights on how to bridge the gap between policy and practice, ensuring that funds are used efficiently to improve access to quality rehabilitation services.

Key Points:

Funding Models | Long-term Investments | Resource Allocation | Partnerships
| Policy vs. Practice | Cost-effectiveness.

OPENING PANEL DISCUSSION

Rehabilitation Financing



Dr. Wonanji V. Timothy
MOH

Dr. Wonanji V. Timothy is a distinguished public health specialist with over 15 years of experience in Tanzania's healthcare system. His extensive career includes pivotal roles at the Ministry of Health (MOH), such as Acting Director of Curative Services, Assistant Director of Public and Private Health Services, as well as Regional, District, and Hospital Medical Officer under the President's Office Regional Administration and Local Government Authority.

Dr. Wonanji has demonstrated remarkable expertise in rehabilitation through his leadership in the Systematic Assessment of Rehabilitation Situation (STARS) and the development and launch of the First Tanzania National Rehabilitation Strategic Plan in 2021, which have been crucial in advancing rehabilitation services in the country.

In addition, he has significantly contributed to enhancing Tanzania's mental health services by fostering strategic collaborations with regional and international organizations. Currently, as the head of the Health Sector Resource Secretariat within the Ministry of Health, Dr. Wonanji leads efforts in health sector coordination to improve the quality, affordability, and accessibility of health products and services across Tanzania.



Dr. Heri Marwa
PHARMACCESS

Health financing & policy advisor with 15 years professional experience:

Heri qualified as a medical doctor at University of Dar es salaam and holds a MA in Health Policy and financing. Before joining PharmAccess Foundation where he is currently working as Country Director, Heri spent most of his career working at senior management positions at health insurance companies and also as independent consultant.

While working with PharmAccess, he has been involved in different projects supporting the inclusion of women and rural populations into insurance. Amongst others, he led projects aimed at providing Micro health insurance for women applying for micro loans from Pride Microfinance and Tujijenge Tanzania. Heri was also a team leader in designing and later on piloting the model for improved CHF (iCHF) in Kilimanjaro and Manyara, a model which has now been accepted for roll out in the whole country by the Tanzania government. He was appointed as Country Director in May 2019, a position he still holds.



Lusajo Ndagile
MOH

Lusajo Ndagile is an experienced Economist working as Assistant Director of Planning and Budgeting at the Ministry of Health. He has extensive experience of more than ten years (10) with implementing health financing policy reforms and has previously covered several positions in the Government. Before taking on this role, he worked at the Ministry of Health and Community Development covering various roles in various NGOs in Tanga Region.

He holds a Bachelor's Degree in Economic Development Planning from the Institute of Rural Development Planning (Dodoma), a Master's in Business Administration from Mzumbe University, and various training in Health Care Financing from various Institutions.

OPENING PANEL DISCUSSION

Rehabilitation Financing



Dr. Nassib Tawa
WHO AFRO

Dr. Nassib Tawa is a Physiotherapist with over 20 years' international experience in academia, governance, regulation and implementation research. He recently played a technical lead role for several projects in rehabilitation and assistive technology for the World Health Organization (WHO), Learning, Acting, and Building for Rehabilitation in Health systems (ReLAB-HS/ USAID), Ministries of Health in African Countries, Foreign Commissions and other United Nations development partners. Until September 2023, worked as a senior lecturer and Founder & Lead researcher at the Centre for Research in Spinal Health and Rehabilitation Medicine at Jomo Kenyatta University of Agriculture & Technology in Kenya.

Currently the Regional Rehabilitation Consultant at the Violence, Injuries & Disability (VID) Unit at the WHO Regional Office for Africa, providing technical support and guidance to member states in the implementation of programs and health systems reforms aligned to the WHO "Rehabilitation 2030" call for action and the 76th World Health Assembly (WHA) resolution on "Strengthening rehabilitation in health systems". Over time, he has established working partnerships, collaborations and cross-cutting mutual networks within the fields of rehabilitation, assistive technology and disability-inclusion in the African region and globally.



Dr. Raphael Mallaba
NHIF

Dr Raphael Francis Mallaba is currently serving as a Regional Manager at the National Health Insurance Fund (NHIF) based in Kinondoni, Dar es Salaam. He received his Doctor of Medicine (MD) from Xi'an Jiaotong University in China in 2011, and later joined a Fellowship program in Laparoscopic surgery from Oxford University in England. In 2018 he earned a Master's Degree of Business Administration in Corporate Management (MBA-CM) from Mzumbe University in Tanzania.

Dr Mallaba is a self-driven Corporate Manager recognized for performance excellence in operations, customer care, quality management and claims matters with a strong ability to drive profits, control costs and achieve continuous process improvement. For many years, he has demonstrated success at motivating, training and developing team members to drive profitability in a highly competitive environment. His creative thinking and highly organized nature have been central to the effective implementation of strategic approaches that support key business initiatives at his office.

For the past 12 years, Dr. Mallaba has been interviewed on many nationally syndicated radios and television programs; in 2018 for example, he was among the twelve key national speakers in the first edition of Mwananchi Thought Leadership Forum "Our Life style, Our Health" which was live broadcasted through TV station and other social media platforms that aimed at tackling Non Communicable Diseases- NCD owing to the burden associated with the growing problem of NCD's among Tanzanians.



Dereck Chitama
KAMPALA INTERNATIONAL UNIVERSITY

Dereck Chitama is a Health Economist and management technical expert with over 15 years of experience in the health sector in Tanzania and beyond. He has accumulated a lot of experience in health economics through teaching, research and consultancy during his tenure at The National Institute for Medical Research (NIMR), Muhimbili University of Health and Allied Science (MUHAS), Health Economics and HIV/AIDS Research Division (HEARD-UKZN) and now at Kampala International University in Tanzania(KIUT).

Chitama holds a PhD in Health Economics, a Master of Public Health with a major in Health Economics from the University of Cape Town-South Africa a Master of Business Administration in Finance from the University of Dar es Salaam-Tanzania and a Bachelor of Art in Economics

PANEL DISCUSSION 1:

Assistive Devices: Availability and Accessibility

ASSISTIVE DEVICES: AVAILABILITY AND ACCESSIBILITY

Session Summary:

Access to assistive devices is crucial for enabling individuals with impairments and disabilities to lead independent lives. This panel will delve into the challenges of making assistive devices available and accessible to those in need. Topics will include supply chain management, affordability, policy and regulatory challenges, and

the role of technology in improving access. The discussion aims to identify solutions that can increase the reach and effectiveness of assistive devices across different regions in Tanzania, particularly in under-served areas.

Key Points:

Supply Chain Management | Affordability & Accesibility | Policy and Regulations
| Technology & Innovation

PANEL DISCUSSION 1:

Assistive Devices: Availability and Accessibility



Colman Ndetembea
KYARO ASSISTIVE
TECHNOLOGY

Colman Thadey Ndetembea has over five years of experience in assistive technology. Colman is the co-founder and chief executive officer at Kyaro Assistive Tech, a company that focuses on design, manufacturing, and provision of appropriate, affordable, and appealing assistive devices for people with disabilities in Tanzania and Sub-Saharan Africa at large.

Colman cofounded Kyaro as a design project for a multipurpose wheelchair while in his final year of university. The project won second place in the 2019 Kesho Leo Science Slam and first place in the technical colleges category of the National Competition of Science, Technology, and Innovation (MAKISATU) in 2020. Colman is committed to ensuring accessibility for people with disabilities in all aspects of life, which he believes is necessary for Tanzania to develop and move forward as a society without leaving anyone behind. Kyaro plans to expand their organization's work, grow its catalog, expand the technology it uses, reach and assist more people, and offer more possibilities for people with disabilities through assistive technology.



Nelsha Hajji
R4D (RESULTS 4
DEVELOPMENT)

Nelsha is an Associate Director with the market shaping team at Results for Development (R4D) working in the Tanzania country office. As part of her role, Nelsha leads on a number of programs focused on increasing access commodities including (i) assistive technologies here in Tanzania as well as in other countries and (ii) life-saving medicines for mothers and children. Over the past 4 years, Nelsha has been working closely with country governments and other key stakeholders to identify market barriers for commodities and co-design solutions to help address market challenges in the areas of supply, demand, financing and market stewardship as well as strengthen supply chain systems. Nelsha holds a master's degree in business administration with a specialization in health services management and a bachelor of science in nursing from McMaster University, Canada.



Shammah Wema
CIRC LEG

Shammah is a seasoned Customer Experience Manager at Circleg with a robust background in research and a keen aptitude for user-centric design, particularly in prosthetics and assistive technology across Africa. Over the past five years, he has actively contributed to advancing prosthetic services, focusing on understanding the needs of users, enhancing fundraising efforts, navigating government policies, and analyzing international trends and disparities in low- and middle-income countries (LMICs).

Renowned for his exceptional ability to connect with people, Shammah excels in creating user-centric designs and experiences that address the real-world challenges faced by prosthetic users. His extensive experience includes collaborating with the International Trade Administration and USAID, where he played a key role in various projects. Some of his impactful research was conducted at Strathmore University, further solidifying his expertise in the field.

Shammah is passionate about music, showcasing his talents by playing the guitar, piano, and drums. His commitment to innovation and excellence in prosthetics and rehabilitation continues to drive his work and inspire those around him.

PANEL DISCUSSION 1:

Assistive Devices: Availability and Accessibility



Peter Mbuguah
MOTIVATION AFRICA

Leading development professional in the disability sector with an experience spanning over 2 decades working with Local and international organisations Currently working for Motivation Charitable Trust as the Africa Regional Director with my base being in Nairobi Kenya.

Worked with
Government of Kenya in the ministry of health
CURE Hospital
Association for the physically disabled of Kenya
Motivation Charitable Trust (current)



Frederic Seghers
CHAI (CLINTON HEALTH ACCESS INITIATIVE)

Frederic Seghers is Senior Director, Global Assistive Technology, at the Clinton Health Access Initiative (CHAI), a global health organization committed to saving lives and reducing the burden of disease in low- and middle-income countries. Since joining CHAI in 2014, he has supported various new initiatives to increase access to therapeutics, diagnostics, and preventative interventions across CHAI's program portfolio. He currently oversees CHAI's global program to strengthen the systems and services related to the provision of assistive products. Prior to joining CHAI, Frederic worked at Bain & Company and Procter & Gamble. He holds a master's degree in engineering from Ghent University.



Martha Jerome
HELPAGE TANZANIA

Martha Jerome- is a Public Health Protection Specialist, currently working as a health and care and Programme Monitoring Officer at HelpAge Tanzania. A holder of a Master of science in Public Health- Hubert Kairuki Memorial University and a Bachelor of science in Nursing, Sc. Nursing - University of Dar es salaam (Muhimbili University College of Health Sciences campus). With over 20 years, she has worked in different public Health aspects and setting; providing leadership in designing and managing different programmes in areas of Reproductive Health, Health Governance, Health Systems strengthening and Ageing. Previously worked with UMATI, Ms Tanzania, ActionAid International, HelpAge International and currently HelpAge Tanzania. Participated in different National and Regional workshops deliberating on various matters on Public Health. One among the pioneers of Youth friendly Sexual and Reproductive Health services in Tanzania. Martha has worked tirelessly in ensuring healthy ageing and disability gain prominence and attention including contributing to influencing and supporting the development of National Assistive Technology Strategy.

PANEL DISCUSSION 1:

Assistive Devices: Availability and Accessibility



Elias Masumbuko Katani

MSD

Elias Masumbuko Katani Principal Pharmacist/ Epidemiologist Working as Vertical Programs Manager at Medical Stores Department (MSD), a government institute under the Ministry of Health responsible for Production, Procurement, Storage and Distribution of Health Commodities to Public and authorized facilities. Since joining MSD in 2022, he has supported 8 Programs under the Ministry of health on ensuring health commodities are reaching to the final consumers on time. Prior to joining MSD, Elias Katani worked at MOH on IVD program as a Head of Logistics and Supply Chain Unit. He used to be individual consultant on Logistics and supply chain management for vaccines and related supplies. Katani has worked as a head of Logistics pillar under the MOH particularly during emergencies and outbreaks in the Country. He worked in the health sector under the PORALG office heading the position from Hospital Pharmacist to Council Pharmacist for more than Ten years. He holds a master's degree in Applied Epidemiology from Muhimbili University of Health and allied Sciences with several long and short courses in and outside the Country.

PANEL DISCUSSION 2:

Rehabilitation Workforce Training

REHABILITATION WORKFORCE TRAINING

Session Summary:

A well-trained workforce is essential for delivering high-quality rehabilitation services. This panel will address the current gaps in training for rehabilitation professionals and explore ways to enhance education and skill development. Topics will include

curriculum development, continuous professional education, and the integration of new technologies in training programs. The panelists will discuss strategies to build a competent and adaptable workforce capable of meeting the diverse needs of the population.

Key Points:

Curriculum Development | Continuous Education | Technology Integration | Skill Development

PANEL DISCUSSION 2:

Rehabilitation Workforce Training



Prof. Obadia Nyongole
MUHAS

Obadia Venance Nyongole is an Associate Professor of Surgery and urology at the School of Medicine. He is full registered PhD Student in health systems (service delivery), and the Acting Director of Quality assurance since 2019. He is a former Head of the department of surgery at Muhimbili University of Health and Allied Sciences. He is the Past President of the Medical Association of Tanzania (MAT). For the past fifteen years, his research focus has been on the delineation of dynamics of health systems, Medical education, surgical and urological conditions, developing evidence-based guidelines on improving quality of health services, prevention and control strategies. He is one of the champion for starting the training programs for Human resource for health (HRH) in rehabilitation. He has provided technical expertise and leadership roles in various programs/projects in Tanzania, governance and implementation frameworks were fostered. He has been entrusted to serve in different boards/councils of which different sensitive issues for national development are deliberated. Co-lead in the review and development of MUHAS Curricula for various undergraduate and postgraduate degree programs in Health Sciences at MUHAS; and he has worked and led teams to develop guidelines for clinical teaching.

He is currently a focal person for Updating curriculum and introducing innovative pedagogical methodologies under Higher Education for Economic Transformation project (HEET PROJECT) at MUHAS which is sponsored by the World Bank through the Ministry of Education, Science and Technology.



Prof. Senga Kali Pemba
SFUCHAS

Prof Senga Kali Pemba is an expert in Medical Education and Human Resource Development, currently serving as the Head of the Department of Public Health at St. Francis University College of Health and Allied Sciences (SFUCHAS). He holds a PhD in Medical Education from Dundee University, UK, and has worked extensively with various governments and institutions across Africa, including Tanzania, Uganda, Kenya, Malawi, Zambia, and others. Prof Pemba began his academic career in 2002 as a Lecturer at Moi University, Kenya, and became Associate Professor at SFUCHAS in 2010. His professional roles include Deputy Principal for Academic, Research, and Consultancy at SFUCHAS and Director of the Tanzanian Training Centre for International Health (TTCIH). His work spans numerous international projects, focusing on human resource capacity building, health policy development, and remote healthcare consultation. Prof Pemba is a prolific author, with notable publications in The Lancet Global Health, BMJ Open, and BMC Health Services Research, addressing maternal and child health, remote consulting, and healthcare training. He has led several impactful health projects aimed at reducing maternal and neonatal mortality in Tanzania.



Prof. Paschal Ruggajo
AGA KHAN UNIVERSITY

- Professor of Medicine & Nephrology
- Current; Associate Aean, Aga Khan University (AKU-TZ)
- Former; Dean-School of Medicine, MUHAS
- Former; Director of Curative Services, MOH
- Contributions: Medical education, nephrology practice, health policies
- Research: Developmental Origins of Health & Diseases (DOHAD Model)

PANEL DISCUSSION 2:

Rehabilitation Workforce Training



Prof. Enica Richard
MUHAS

Prof. Enica Richard is a distinguished Otorhinolaryngologist and the Acting Principal of the College of Medicine at Muhimbili University of Health and Allied Sciences (MUHAS) in Dar es Salaam, Tanzania. She is highly regarded for her contributions to clinical practice and academic research, particularly in the fields of Ear, Nose, and Throat (ENT) medicine and rehabilitation. Prof. Enica's educational background includes advanced degrees and specialized training in Otorhinolaryngology, underscoring her expertise and dedication to medical education.

At MUHAS, she plays a pivotal role in overseeing academic and research activities, including rehabilitation programs such as the Bachelor of Science in Physiotherapy, Occupational Therapy, and Audiology, Speech and Language Therapy. Her extensive professional experience includes diagnosing and treating ENT conditions and advancing rehabilitation medicine. With 62 publications in reputable journals, her research contributes significantly to improving healthcare practices and addressing health issues in Tanzania and the wider region.

In addition to her academic and clinical responsibilities, Prof. Enica is actively involved in professional organizations and community initiatives aimed at enhancing health outcomes and promoting medical advancements in Tanzania.



Dr. Msafiri Kabulwa
MOH

Dr. Msafiri Kabulwa is a Oral Public Health Specialist graduated from Muhimbili University of Health and Allied Sciences in 2011. He has a vast experience in various positions where he has served as a Tutor and later coordinated different roles at a level of Ministry of Health, Tanzania in the area of health system strengthening. Has worked as Coordinator of Curative Oral health services at Ministry level for over ten years. In the recently established Section of Rehabilitation, Palliative care and Geriatrics in the Ministry of Health, he serves as a Coordinator for Geriatric Health Services as well as health services for Persons with disabilities since 2022 where he is coordinating delivery of health services for older persons and championing the delivery of inclusive health services for people with disability.



Hildergarde Mehrab
CHILD SUPPORT TANZANIA

Hildergarde Mehrab is a distinguished Tanzanian inclusive education expert and passionate advocate for the rights of children with disabilities. With a profound dedication to fostering inclusive education, she has significantly influenced the development and implementation of policies and practices that ensure equitable access to education for all. Ms. Mehrab has been instrumental in identifying and enrolling children with disabilities into mainstream schools, securing vital funding for educational initiatives, and collaborating with government ministries to promote inclusivity. Her expertise extends to training educators, government officials, and caregivers, empowering them to support inclusive education effectively. In addition to her practical work, she contributes to the development of national special needs education guidelines. Currently pursuing her Master's in Humanitarian Action, Cooperation, and Development at the Open University of Tanzania, Mehrab continues to be a driving force in the movement toward inclusive education in Tanzania.

SERVICE DELIVERY IN REHABILITATION

Session Summary:

Effective service delivery is essential for ensuring that rehabilitation services reach those who need them. This panel will examine the challenges and opportunities in delivering rehabilitation services, including the integration of services into the broader healthcare system, the role of community-based rehabilitation, and the

importance of patient-centered care. The discussion will highlight successful models of service delivery, the role of technology in enhancing service delivery, and the need for continuous quality improvement.

Key Points:

Community-Based Rehabilitation | Patient-Centered Care | Technology Utilization | Quality Improvement | Resource Allocation

PANEL DISCUSSION 3:

Service Delivery in Rehabilitation



Rhoda Ndakwe
CCBRT

Rhoda Ndakwe is an External Affairs Expert at Comprehensive Community Based Rehabilitation in Tanzania (CCBRT). She is responsible for establishing strategic relations with donors and social investors, contributing to financial sustainability. As part of the CCBRT Academy's Research Committee, she helps create research partnerships and utilizes data for storytelling to improve healthcare access in Tanzania. Rhoda has overseen donor-funded partnerships with the European Union Instrument for Development and Human Rights (EIDHR), Foreign Commonwealth & Development Office (FCDO), Humanitarian Grand Challenges (HGC), Smile Train, Miracle Feet, Hope and Healing International, Christian Blind Mission, and UNFPA.

An experienced development specialist, Rhoda focuses on intersectionality issues affecting vulnerable groups, including women, girls, and persons with disabilities. She is an alumna of AIESEC and currently serves as the Vice President of the AIESEC Alumni Association in Tanzania. She was awarded a scholarship from the Women Leadership Program at UONGOZI Institute. Rhoda holds a Bachelor's degree in Pure Mathematics and Statistics and is pursuing a Master of Public Health. She is also a Certified Public Accountant.



Judith Merinyo
KAFIKA HOUSE

Judith Josephat Merinyo is a distinguished author, best known for her work *Turning off the Recorder: Caring Relationships in Research with Youth*. With a deep commitment to community development and youth empowerment, Judith currently serves as the Chief Operating Officer at Kafika House, where she plays a pivotal role in driving impactful initiatives. Which is to provides a safe, loving, home away from home for children receiving pre-and post-operative care and rehabilitation for a surgically correctable disability. Patients with skeletal fluorosis, burn scar contractures, cleft lip and palate, clubfoot, masses, osteomyelitis, hydrocephalus and spina bifida are treated. Her extensive experience includes her tenure as the Country Manager for Project Zawadi, where she led various programs aimed at improving education and opportunities for youth. Judith's dedication to service continues as she now serves as the Board Chair of Project Zawadi, providing strategic leadership to further the organization's mission.



Rashida Hassuji
HEARWELL AUDIOLOGY
CLINIC

Qualified as both an Audiologist and a Speech-Language Pathologist, Rashida has vast experience and knowledge in both fields. She holds a Master's Degree in Paediatric Speech Therapy and is a certified Trainer for MED-EL rehabilitation courses which involves training professionals on rehabilitation for children with cochlear implants. Rashida is also an expert in swallowing disorders, voice disorders, and rehabilitation for patients with stroke, parkinson's, alzheimer's and other neurological disorders that impair speech and swallowing. One of her key interest areas is Newborn Hearing Screening; she conducts the screening clinic every week at the Aga Khan Hospital in Dar es Salaam. Childhood communication disorders i.e. Autism, Stuttering, Fluency etc are also one of her key areas of expertise.

Rashida works with tracheostomized patients too, rehabilitating them to restore their speech by using speaking valves and thus improving their quality of life

PANEL DISCUSSION 3:

Service Delivery in Rehabilitation



Ruth Onesmo
CCBRT

Miss Ruth Onesmo is a dedicated Tanzanian Prosthetist Orthotist with BSc from Kilimanjaro Christian Medical University (KCMC) and a master's degree in Public Health from the Manchester University (UK). She began her career as a junior prosthetist and through hard work and expertise, rose to become the head of the Prosthetic & Orthotics unit. Currently, Ruth leads the Rehabilitation department at Comprehensive Community Based Rehabilitation Hospital in Tanzania (CCBRT), where she continues to make a significant impact in the field. She is passionate about finding solutions for persons living with disability ensuring they have access to quality, accessible and comprehensive Rehabilitation services.



Dr. Reena Patel
FIONA STANLEY HOSPITAL

Dr Reena Patel works as a specialist in Intensive Care Medicine and Anaesthesia, at Fiona Stanley Hospital, in Western Australia. She is an active member of the ANZICS Global Intensive Care Initiative special interest group, which primarily focuses on delivery of education, promoting and supporting intensive care training, and assisting with research and ICU set-ups in low and middle-income countries.

PANEL DISCUSSION 4:

Early Identification & Intervention

EARLY IDENTIFICATION AND INTERVENTION

Session Summary:

Early identification and intervention are critical to preventing disabilities from becoming more severe and improving long-term outcomes for patients. This panel will examine the importance of early screening programs, the role of healthcare professionals

in early detection, and the impact of timely interventions. The discussion will highlight successful models and strategies that have been implemented in various settings, as well as the challenges and opportunities for scaling these approaches.

Key Points:

Screening Programs | Professional Training | Public Awareness | Community Engagement | Policy Support

PANEL DISCUSSION 4:

Early Identification & Intervention



Dr. Brenda Dimelo
CCBRT

Dr. Brenda, a Reproductive Health Specialist with expertise in obstetrics and gynecology, serves as the Maternal and Newborn Technical Advisor at CCBRT. She has integrated disability-inclusive care into the MNCH program, advocating for the rights of pregnant women with disabilities. Since 2010, she has collaborated with Dar es Salaam's local government, health facility managers, and healthcare workers to implement a complex urban health system intervention across 22 public facilities, supporting nearly 85,000 births annually. Her work has strengthened postnatal care by developing job-aids, training healthcare workers, and improving early identification and referral of infants with treatable birth impairments—such as cleft lip, cataracts, and clubfoot—to CCBRT for surgical management.

Dr. Brenda's PhD research focuses on empowering healthcare workers in low-resource settings to deliver safe and respectful maternity care. She co-created a respectful care measurement tool and developed accredited training to promote rights-based maternity care. She has presented at national and international conferences, contributed to Tanzanian National Guidelines, and led the establishment of CCBRT's 200-bed Maternity Wing, a center of excellence in respectful care for vulnerable women, offering high quality fully subsidized childbirth care for pregnant women with disabilities.



Naomi Lugoe
SENSE INTERNATIONAL

Naomi Lugoe is a Programme Management Specialist with 16 years of experience empowering marginalized communities, particularly people with disabilities and adolescents, to access education, health services, and improve livelihoods in Tanzania. Her expertise includes disability inclusion, gender and equity, governance, advocacy, and policy influence.

For six years, Naomi has led Sense International Tanzania, managing advocacy, education, health, and livelihood interventions for individuals with deafblindness. She has supported the Tanzanian government in developing a competency-based curriculum and teachers' guidelines for learners with deafblindness and contributed to The National Strategy of Inclusive Education. Naomi has also built the capacity of mainstream and Special Needs Education teachers, social welfare officers, and quality assurers.

She actively engages in research, having co-authored a chapter in a book on communication and social change, and led multiple studies on inclusive education, barriers to sensory screening, and support for learners with multiple impairments. Naomi has also worked with RTI International, Femina Hip, and Comprehensive Community-Based Rehabilitation in Tanzania (CCBRT).



Emmanuel Kowero
MDH

Mr Emmanuel Kowero is a Tanzanian health professional holding a Master's of Science degree in Project Management Monitoring and Evaluation in Health from Muhimbili University of Health and Allied Sciences (MUHAS) and a Bachelor of Science in Physiotherapy from Kilimanjaro Christian Medical University College (KCMUco). Currently, Emmanuel is the Project Officer at Management and Development for Health (MDH) in Dar es Salaam.

Emmanuel joined MDH in 2023 after five years of working at a hospital setting and at Tanzania Clubfoot Care Organization (TCCO) as a Program Manager. He is passionate about finding solutions for persons living with disability ensuring they have access to quality, and accessible rehabilitation services including providing solutions for treatment and devices. His experience in working with over 65 hospitals in Tanzania providing training and mentorship to health care providers treating children with disabilities mostly clubfoot he managed to contribute towards rehabilitation work and support to children with disabilities in Tanzania Mainland and Zanzibar.

PANEL DISCUSSION 4:

Early Identification & Intervention



Hilda Nkabe
LUKIZA AUTISM
FOUNDATION

Ms. Hilda Nkabe is the Founder and Executive Director of LUKIZA AUTISM FOUNDATION (LuAF) and the organizer of the biggest Autism awareness campaign in Africa - RUN 4 AUTISM TANZANIA HALF MARATHON. She is a proud mother of two youths, one of whom has Autism.

Ms. Nkabe is a recipient of the iChange Nations Dr. Betty Speaks Civility Imprint International Award 2024. A Mental Health Ambassador, awarded by the Ministry of Health Tanzania – 2022. She has also been recognized by the Pan African Women Economic Summit 2022 for her Outstanding Support in Autism and she is a winner of the CEO Not for profit of the year 2022 Award from Top 100 Executives List Tanzania. She has featured in the Pivoting in Heel coffee table book, by Emelda Mwamanga alongside other amazing female CEOs.

Ms. Hilda Nkabe has been at the forefront in influencing changes in Mental Health Rehabilitation Services, Autism advocacy, training, inclusive education and Autism awareness in Tanzania.



Dr. Aleya Remtullah
AGA KHAN HOSPITAL

Dr. Aleya Remtulla, Tanzania's first Developmental Pediatrician, has a distinguished 7-year career in pediatrics and child health. A graduate of Hubert Kairuki Memorial University (MD) and Muhimbili University of Health and Allied Sciences (MMed Paediatrics and Child Health), she further specialized with an MPhil in Developmental Paediatrics from the University of Cape Town.

Dr. Remtulla is renowned for her holistic, patient-centered approach, transforming pediatric healthcare in Tanzania. Additionally, she founded the autism support group, which now supports over 260 members, providing critical resources for families and caregivers of children with Autism Spectrum Disorder (ASD).

Her unwavering dedication to improving children's lives continues to shape a brighter future for the nation.



Ali Jaffer
HEARWELL AUDIOLOGY CLINIC

Ali has a Master's degree in Clinical Audiology and underwent his training and internship in the UK.

His areas of expertise include hearing aid fittings, cochlear implant programming, and temporal bone radiology (for cochlear implants) amongst others.

One of his primary areas of interest is in the evaluation and management of vestibular disorders (dizziness, imbalance), an area in which he has undergone extensive training in. He is one of the very few professionals in Tanzania with such an expertise in this field. He is also avid about research and a member of the Global Otorhinolaryngology-Head-and-Neck Surgery Initiative, and recently collaborated on a publication titled "Vestibular migraine in low- and lower-middle-income countries: A scoping review". He also engages in training of healthcare professionals in audiology, cochlear implants, and related areas.

PANEL DISCUSSION 4:

Early Identification & Intervention



Rehema Simon

KAFIKA HOUSE

Rehema is a versatile professional with a strong background in community service and education. She has extensive experience organizing and leading outreach activities including training programs. She uses data-driven research and drives community development initiatives. With a deep commitment to empowering communities through education and social programs, Rehema is recognized for her strong relationship-building, leadership, project management expertise, and exceptional cross-cultural communication skills. Currently Rehema is the Outreach Manager for Kafka House which provides a safe, loving, home away from home for children receiving pre- and post-operative care and rehabilitation for a surgically correctable disability. Her dedication to advancing educational and social initiatives highlights her impactful contributions to the communities she serves.

Rehabilitation Research

REHABILITATION RESEARCH

Session Summary:

Research is the foundation for advancing rehabilitation practices and improving patient outcomes. This panel will discuss the current state of rehabilitation research, including key areas of focus, emerging trends, and gaps in knowledge. Panelists will explore the importance of interdisciplinary collaboration, the need for

evidence-based practices, and the role of research in shaping policy and practice. The discussion will also address the challenges of conducting research in low-resource settings and the importance of translating research findings into practical applications.

Key Points:

Interdisciplinary Collaboration | Evidence-based Practices | Research in Low-Resource Settings | Policy | Research Espartise

PANEL DISCUSSION 5:

Rehabilitation Research



George Nasibu Kiwango

MUHAS

I am a medical doctor and public health researcher with a deep-seated interest in elucidating the risk for disease and injuries and using this to prevent them. Recently, I have developed a keen interest in promoting the use of evidence to improve routine practice, especially around rehabilitation. To achieve this, I am engaged in both epidemiological and health-system research.

I am also active in the implementation and am currently a coordinator of EMPOWER TZ, a collaboration between MUHAS, Johns Hopkins University and the Tanzania Red Cross Society aimed at strengthening research capacity in the area of access to surgery and rehabilitation.



Eunice Kombe

KCMUCo

Ms Eunice Kombe is an assistant lecturer at the Department of Prosthetics and Orthotics, Kilimanjaro Christian Medical University College in Tanzania and is currently completing her doctorate funded by the UK Engineering and Physics Research Council. Her PhD focuses on 'Exploring unmet needs in prosthetic and orthotic service provision through users and clinician perspectives and experiences in Tanzania'. Drawing from the invaluable perspectives and experiences of both users and clinicians, her work delves into the intricacies of the existing landscape, seeking to unearth insights that will shape the future of rehabilitation services. Her research stands as a beacon of hope, aiming not only to identify gaps but also to empower individuals with physical disabilities by centering their voices and priorities. By advocating for user-defined priorities in prosthetics and orthotics, she champions a paradigm shift towards more inclusive and responsive rehabilitation programs in low middle income countries.



Dr. Haleluya Moshi

KCMUCo

Dr Haleluya Moshi is a clinical physiotherapist and a Lecturer at the Kilimanjaro Christian Medical Centre and University College respectively. He has more than 17 years working experience in offering physiotherapy services to in- and out- patients, teaching and research. He has a Master degree (University of the Western Cape, South Africa 2010-2012) and PhD (Umea University, Sweden 2013-2018) in Physiotherapy. He mostly provide physiotherapy services to persons with traumatic spinal cord injury admitted in the hospital and most of his research projects are on trauma and traumatic spinal cord injury (occurrence, clinical consequences, in-hospital morbidity and mortality and life in the community). He also works with other researchers in other disability-related research projects. He teaches in Physiotherapy (Bachelor and Diploma programs) and other medical and allied health science programs such as in Masters of Public Health, Prosthetic and Orthotics, Degree of Medicine and Occupational therapy. He works with various organizations of persons with disability to address their needs and advocate for inclusive, more accessible community.

PANEL DISCUSSION 5:

Rehabilitation Research



Etienne Ngeh Ngeh

CAMEROON PHYSIO

Etienne Ngeh is a trained Cameroonian Physiotherapist and Cardiac Rehabilitation Specialist. He holds a BSc. in Physiotherapy and an MSc. in Cardiovascular Health and Rehabilitation from the University of Chester, England. He is an associate lecturer and research fellow of Health Research Institute at Sheffield Hallam University.

He is the Head of Physiotherapy Department St. Louis University Douala, Cameroon, and former team lead of Physiotherapy Service of the Regional Hospital Bamenda. He is the founder and promoter of the Research Organization for Health Education and Rehabilitation-Cameroon (ROHER-CAM) with the primary aim of providing evidence for health professionals for effective and strategic health education. He is the current Chair of the Guideline-International-Network (GIN) African Regional Community promoting guideline development and implementation in the region and globally. He is also one of the founders and coordinators of African Rehabilitation Network a community of practice with Physiotherapists, Occupational Therapists, Speech and Language Therapists, Community Based Rehabilitation Workers among others practicing in the region. His research interests include rehabilitation, health promotion, and prevention, non-communicable diseases, and Knowledge translation.

REHABILITATION IN SPORTS

Session Summary:

Rehabilitation plays a vital role in sports, helping athletes recover from injuries and enhancing their performance. This panel will focus on the intersection of sports and rehabilitation, exploring best practices for injury prevention, treatment, and recovery. The discussion will cover the latest advancements in sports rehabilitation, the role of multidisciplinary teams, and the importance

of individualized care plans. Panelists will also address the unique challenges faced by athletes at different levels of competition and the importance of mental health in the rehabilitation process. The participants will also hear about the role of other stakeholders in sports (e.g. media, corporates) and their overall contribution in supporting development of athletes.

Key Points:

Injury Prevention | Treatment Modalities | Recovery Strategies |
Multidisciplinary Teams | Individualized Care Plans | Stakeholder Involvement

PANEL DISCUSSION 6: Rehabilitation in Sports



Abdallah R. Makalla
MNH-MUHIMBILI

Abdallah R. Makalla is indeed a highly accomplished physiotherapist with 18 years of a wealth of experience and expertise in Community Based Rehabilitation (CCBRT), sports, and clinical environments at Muhimbili National Hospital. He specializes in manual therapy, musculoskeletal and sports rehabilitation, critical care, cardiorespiratory rehabilitation, pediatric rehabilitation, and the rehabilitation of blood disorders. He served as the physiotherapist for the Tanzanian Olympic Team at the London 2012 Olympics and is an honorary lecturer at Muhimbili University of Health and Allied Sciences.

Makalla holds a Master of Science in Physiotherapy from the University of the Western Cape and completed a fellowship at the University of Cape Town. He is a member of several professional bodies including the Medical Council of Tanganyika, the Health Professional Council of South Africa, and the European Respiratory Society. His research interests include pediatrics, critical care, cardiorespiratory, cardiac rehabilitation, physical activity, musculoskeletal conditions, and rehabilitation.

His commitment to improving patient outcomes and mentoring the next generation of physiotherapists underscores his passion for the profession and his unwavering dedication to making a positive impact in the lives of others.



Peter Segeja
CRDB BANK

A seasoned banker progressing through roles in branch operations, marketing, and currently in the Corporate Affairs. With a Bachelor's in Marketing and a Master's in International Business, this has led to a combined hands-on experience with adequate knowledge to contribute to the bank's strategic goals and corporate success.



Johnny Wilson
NOTTINGHAM REHAB

Johnny Wilson, the founder of Nottingham Physio, is a leader in the field of Sport & Exercise Medicine with over 20 years of experience. His extensive background spans professional football, endurance sports, and the care of masters athletes, making him a sought-after physiotherapist and sports scientist. Johnny has worked with athletes at all levels, from weekend warriors to international competitors, helping them enhance performance and recover from injuries.

PANEL DISCUSSION 6: **Rehabilitation in Sports**



Salmin Mkwachu

TRUCARE COMPANY LIMITED

Salmin Hausi Mkwachu is a dedicated and certified Prosthetist-Orthotist holding a Bachelor of Science in Prosthetics and Orthotics from Kilimanjaro University College. He is currently pursuing a master's degree in Prosthetics and Orthotics in Rehabilitation Studies at the University of Strathclyde to further enhance his professional knowledge. Salmin is the manager of Trucare Company Limited, a supplier of prosthetics and orthotics components and appliances. His role is crucial in ensuring that patients receive the highest quality care. In addition to managing supplies, Salmin is actively involved in directly caring for patients by assessing their individual needs and recommending artificial limbs. He is passionate about innovation and is actively engaged in projects aimed at providing improved and more affordable services, particularly in developing countries like Tanzania. These efforts reflect his lifelong dedication to enhancing the well-being of people with disabilities in his community.

PANEL DISCUSSION 7:

Digital Rehabilitation

DIGITAL REHABILITATION

Session Summary:

Digital technologies are revolutionizing the field of rehabilitation, offering new ways to deliver services and support patients. This panel will explore the role of digital tools in rehabilitation, including tele-rehabilitation, mobile health apps, artificial intelligence and virtual reality. The discussion will focus on how these technologies

can be leveraged to improve access, enhance patient outcomes, and reduce costs. Panelists will also address the challenges of implementing digital solutions, such as infrastructure, data privacy, and the digital divide.

Key Points:

Digital Solution | Mobile Health Apps | Infrastructure | Data Privacy | Digital Divide | AI & Virtual Reality

PANEL DISCUSSION 7: Digital Rehabilitation



Edwin Kashangaki
TRUE BIT

Edwin Kashangaki is a seasoned technology enthusiast with over a decade of experience in designing and implementing digital health innovations. He holds a B.S. in Information Technology from the University of Staffordshire.

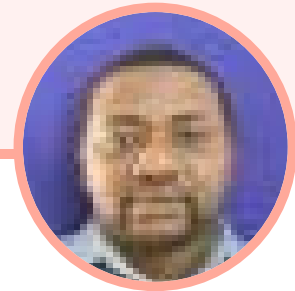
His career is marked by a commitment to revolutionizing healthcare through technology, particularly in the East Africa Region. Edwin has collaborated with a variety of healthcare stakeholders across East Africa, promoting collaboration, standardization and adoption of digital health innovations.



Erick Rweikiza
WELLNESS STATION

A passionate social entrepreneur with a strong background in business development. Driven by a personal experience navigating the challenges of securing quality rehabilitation care for a loved one, Erick founded Wellness Station, a pioneering digital platform that empowers patients in Tanzania to connect seamlessly with physiotherapists, occupational therapists, speech therapists, and other rehabilitation professionals.

Erick's leadership has been instrumental in shaping Wellness Station into a platform that fosters improved convenience and flexibility for patients, while simultaneously creating greater opportunities and career development for rehabilitation professionals. Under his guidance, Wellness Station is poised to positively impact the healthcare system in Tanzania by increasing access to care and strengthening its overall efficiency using online marketplace technology.



Dominick Mshanga
KCMUCo

Dominick Michael Mshanga (Dipl HPE, Dipl OT, BSc OT, MScOT)
PhD Candidate University of Cape Town
Occupational Therapists
Faculty of Rehabilitation Medicine
Assistant Lecturer KCMUcollege
Interest: Research and Occupational Therapy in Mental Health.

PANEL DISCUSSION 7:

Digital Rehabilitation



**Jean Damascene
Bigirimana Ngamba**
JAMK UNIVERSITY

Mr. Jean Damascene Bigirimana is a Public Health Specialist with a Master's in Public Health from the University of Rwanda and over a decade of experience in digital technology application to health service delivery in Rwanda. He is a Physiotherapist since 2010. He is currently collaborating with JAMK University of Applied Sciences in Finland, in its institution of rehabilitation in the project called DIRECT, which focuses on advancing digital rehabilitation in East Africa by running pilots with different digital technologies in rehabilitation to bridge the gap for the need for rehabilitation services and the number the rehabilitation professionals in our health system. His expertise spans designing online training programs and coordinating large-scale health projects across the region.



Mkata Nyoni
TANZMED

Mkata Nyoni is the founder of TanzMED, a leading healthtech platform in Tanzania that leverages digital solutions to make healthcare more accessible and inclusive. With a master's degree in IT Economics, he brings a unique blend of technological expertise and economic insight to the healthcare sector. Under his leadership, TanzMED integrates telemedicine, mental health services, appointment booking, and specialized health modules, impacting millions of users across the region. Mkata is also a Technical Advisory Member of the TCRA .tz Registry, contributing to national strategies for digital development. His work has earned recognition from both local and international organizations, including USAID and PEPFAR. Mkata is committed to using technology to bridge healthcare gaps and improve patient-centered care across Africa.



Elibahati Akyoo
WHO TANZANIA

I am Elibahati Paul AKYOO, a professional specializing in data monitoring, evaluation, and health information systems. With more than 10 years of experience in health data management and analysis, I have worked with national, international, non-government organisation, ministry of health to help streamline their data processes to improve healthcare outcomes. My expertise and experience include designing of monitoring and evaluation frameworks, implementing health information systems, and ensuring data-driven decision-making (DDDM) practices. I am passionate on leveraging data for public health impact, I am committed on using digital health technologies towards driving equity, efficiency and quality in healthcare service delivery.

PANEL DISCUSSION 8:

Rehabilitation and Inclusivity

REHABILITATION AND INCLUSIVITY

Session Summary:

Inclusivity is a fundamental principle in rehabilitation, ensuring that all individuals, regardless of their background or abilities, have access to the services they need. This panel will explore the concept of inclusivity in rehabilitation, addressing the barriers that prevent certain groups from accessing services and the strategies

to overcome these barriers. The discussion will cover topics such as disability rights, social inclusion, and the role of policy in promoting inclusivity. Panelists will share best practices and discuss how to create a more inclusive rehabilitation environment that respects the dignity and diversity of all individuals.

Key Points:

Disability Rights | Social Inclusion | Policy and Regulation | Barriers to Access |
Best Practices | Stakeholder Collaboration

PANEL DISCUSSION 8:

Rehabilitation and Inclusivity



Mary Batamula
NATIONAL ESRAC

Mary Batamula is a dedicated Special Needs Education specialist with extensive experience spanning several decades. Her career includes roles as a special needs teacher, administrator, and educational needs assessor. Mary has a strong background in strategy development and training, particularly focused on Special education and inclusive education. Her commitment to advancing educational practices for diverse learning needs has made a significant impact in her field.



Brenda Shuma
GABRIELLA REHABILITATION
CENTRE

Brenda a senior pediatric occupational therapist, executive director and founder of Gabriella Centre

I am pioneering advocate for the rights of children with disabilities, especially those with autism and other intellectual challenges. Based in Kilimanjaro – a community where there are still many misconceptions around disabilities and their causes – I have been successfully providing services for disabled children and youth, enabling them to become productive members of the community and live their lives with dignity.

In 2009, i founded the Gabriella Children’s Rehabilitation Centre to support disabled children in their physical, social, emotional, and cognitive development. Today, the Gabriella Children’s Rehabilitation Centre is a leading model for therapy services for children with autism and learning disabilities in Tanzania, providing comprehensive services in early assessment and intervention, inclusive education, vocational training, and community outreach. Through this approach,

My work is not only transforming the lives of children with disabilities and their families; I am also changing the perception of disabilities and working tirelessly to remove stigma and fear associated with them.

Through my work I have been awarded a child ten award for advocating for children’s rights



Sabas Kimario
CCBRT MOSHI

Sabas Kimario is a Senior Physiotherapist with over 25 years of dedicated experience in the field of rehabilitation. Currently serving as the head of the Physiotherapy and Occupational Therapy Unit, Sabas has a deep passion for Rehabilitation service.

Sabas is driven by a deep passion for providing quality rehabilitation services to children with disabilities and their parents/ caretakers, helping them achieve their full potential, and advocating for an inclusive society. He is known for his positive attitude and ever-present smile, Sabas is committed to improving the lives of his patients, helping them regain mobility and independence with care and compassion.

PANEL DISCUSSION 8:

Rehabilitation and Inclusivity



Yohana N.K Sali

BEYOND INCLUSION

Yohana is a transformational leader with over a decade of experience in leadership shaping the landscape of public health, Community Based Rehabilitation (CBR/CBID) and Clinical Nursing. Currently serving as the Executive Director of Beyond Inclusion (BI) previously Known as Karagwe Community Based Rehabilitation Programmes (KCBRP). Yohana has extensive experience in strategic management, community-based rehabilitation and digital Business.

Yohana's journey is marked by academic excellence, holding a certificate in Strategic Management from the Oxford University in the UK. This elite training empowered him with strategic competence to navigate the complex managerial issues, ensuring the organization operates at the forefront of cutting-edge practices.

His leadership journey also boasts a Certificate in Leadership from the Uongozi Institute, achieved through a collaboration with Aalto University in Finland. This dual certification underscores Yohana's commitment to not just managing but inspiring and leading teams towards impactful outcomes. Yohana's foundational education in Public Health is anchored by a Bachelor of Science degree from Mountains of the Moon University in Uganda.

Prior to his role at BI, Yohana served as the Principal of Sumve College of Health Science, Principal of Murgwanza School of Nursing, and Nurse Tutor at Kolandoto College of Health Science where his visionary leadership left a permanent mark on the institution's growth and development. He also has a background in Nursing and health personnel education.



Wambura L. Kizito

PMO-LYED

Wambura L.Kizito, a Senior Social Welfare Officer. A Holder of Bachelor in Sociology, from the University of Dar es Salaam in 2001. Mr. Wambura has worked with the private sector from 1996-2004, 1st International Rescue Committee (IRC), 2nd with FINCA International, 3rd with World Vision Tanzania.

- From 2004-2007 he worked for World Vision Tanzania as a Program Facilitator under the Lake zone programme.
- From 2007 I joined the Public Sector to date, where I worked for the District Council of Magu as head of Social welfare Section from 2007-2015.
- From 2015 -2020 I worked as a regional social welfare officer for Mwanza region in Tanzania coordinating all social welfare issues and from 2020 - now
- Currently working with Prime Minister's Office - Labour, Youth, Employment and Persons with Disabilities coordinating assistive technology for Persons with Disabilities in Tanzania.

CALL FOR ABSTRACTS

SUBMISSION DEADLINE: 25TH AUGUST, 2024

SUBMISSION GUIDELINE

*Please read this information carefully
before proceeding to submit



SUBMISSION PROCESS:

Submit your abstract through the given e-mail address: abstract@rehabhealth.or.tz

IMPORTANT DATES

10th

June, 2024



Submission opens

25th

Aug, 2024



Submission deadline

02nd

Sept, 2024



Notification of outcome

04th

Sept, 2024



Confirmation of participation

09th

Sept, 2024



Submission of soft copies (Power Point Presentations)

18th - 20th

Sept, 2024



Date of the Summit

ABSTRACTS

Abstracts are invited that:

- Report on the latest research with original scientific data, special interest reports and case studies can be submitted, submissions with pending results and study protocols will not be accepted
- Address new unique developments in practice, theory, education, management, policy and resources
- Describe innovative ways in which established methods have been adapted to meet the changing needs of practice

Presentation format: Oral Presentation

Abstract presentations are grouped by topic within the subject area. During the Summit, the Authors will have a designated presentation time and once all presenters are done presenting (per subject area) the Moderator will open the floor for discussion with participants.

SELECTION CRITERIA:

The following principles will be used to review abstracts:

1. Does the report address a "significant" or "important" issue?
2. Do the methods/approach enable the question to be answered rigorously?

3. Have the data/findings been interpreted appropriately?
4. Are the contents of the abstract clear and logical?

SUBMISSION GUIDELINES

You will be asked to provide the following:

- 01** Title of the abstract
- 02** Completed abstract (Maximum 300 words). Must be structured using the headings below

HEADING	NOTES
Background	What was the context for the study/project? Why was it important that this project was undertaken?
Purpose	What was the major reason for undertaking the project?
Methods	What principles, methods/methodological approaches, materials did the project involve?
Results	Summarise the main findings from the analysis
Conclusion(s)	What can be concluded from the study? What are the suggestions for future work?
Implications	What are the implications of the project and how will the results be translated into rehabilitation practice/management/education/policy/disability

* No images, tables or graphs are permitted.

- 03** **Keywords:** Use up to three (3) words to describe your work which are supplementary to the programme topic(s)
- 04** Funding acknowledgments (if applicable)
- 05** Primary topic [mandatory] second and third topics[optional]
- 06** Ethics approval (if applicable)
- 07** Speaker details and biography of presenting author [200 words]
- 08** Co-author details.
- 09** Information concerning any presentation or publications of the work made prior to summit [50 words]
- 10** Preferred presentation format

THANK YOU FOR JOURNEYING WITH US.
OUR HOPE IS THAT THE PAST 3 DAYS
HAVE BEEN INSPIRING AND GAVE YOU AN
OPPORTUNITY TO LEARN, GROW AND
PROGRESS WITH A COLLECTIVE AIM OF
DEVELOPING REHABILITATION FIELD IN
TANZANIA.

**WE LOOK FORWARD TO SEEING YOU AGAIN
NEXT YEAR.**


○ After you have heard, contributed, inspired, stimulated, learned, connected.... go be that **change agent** transforming rehabilitation services in your area.

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