



4TH ANNUAL

REHABILITATION SUMMIT

20
26

THEME

"Rehabilitation Across the Life Course
in Universal Health Coverage (UHC)"

Date: September 16th-18th, 2026

Venue: Julius Nyerere International
Convention Centre (JNICC), Dar es Salaam

Organized by: Rehab Health with the
Ministry of Health

PANEL
DISCUSSION
TOPICS

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1. HOME-BASED REHABILITATION

Home-based rehabilitation plays a critical role in ensuring that people with disabilities, chronic health conditions, injuries, or age-related functional limitations continue receiving rehabilitation services after discharge from health facilities. This session will explore models of home-based care, the role of caregivers and community health workers, multidisciplinary collaboration, and strategies to strengthen access to quality rehabilitation services closer to where people live.

Objectives/Explore



- Identify scalable and sustainable home-based rehabilitation models.
- Strengthen the role of caregivers, families, and community health workers.
- Recommend policy and service delivery strategies to expand access.

2. TECHNOLOGY AND AI IN REHABILITATION

Technology, digital health, and Artificial Intelligence (AI) are transforming rehabilitation by improving access, quality, efficiency, and patient outcomes through innovations such as assistive technologies, robotics, wearable devices, tele-rehabilitation, digital assessment tools, electronic health information systems, and AI-powered solutions. This session will examine opportunities and challenges in scaling these innovations, including financing, infrastructure, workforce readiness, and ethical considerations, while identifying strategies for sustainable integration into Tanzania's rehabilitation system.

Objectives/Explore



- Showcase innovative rehabilitation technologies, digital health solutions, and AI applications.
- Identify opportunities and barriers to scaling technology-enabled rehabilitation.
- Discuss ethical, policy, and workforce considerations for digital transformation and AI adoption.
- Develop recommendations for integrating technology and AI into Tanzania's rehabilitation system.

3. FINANCING REHABILITATION SERVICES

Access to rehabilitation is often limited by inadequate financing for both service providers and patients. This discussion will explore sustainable financing mechanisms, health insurance, donor investments, private sector engagement, innovative financing approaches, and economic evidence demonstrating the value of rehabilitation.

Objectives/Explore



- Explore sustainable financing models.
- Identify opportunities for integrating rehabilitation into health insurance packages.
- Develop recommendations for increasing national investment.

4. OCCUPATIONAL HEALTH AND WORKPLACE REHABILITATION

Work-related injuries, chronic illnesses, and disabilities significantly affect productivity and livelihoods. This session will explore occupational rehabilitation services, return-to-work programmes, workplace accommodations, injury prevention, and collaboration between employers, healthcare providers, insurers, and rehabilitation professionals.

Objectives/Explore



- Promote workplace rehabilitation best practices.
- Strengthen partnerships between employers and rehabilitation providers.
- Develop recommendations for improving return-to-work systems.

5. REHABILITATION LEADERSHIP AND ADVOCACY

Strong leadership and effective advocacy are essential for strengthening rehabilitation systems, influencing policy, mobilizing resources, and ensuring rehabilitation remains a national health priority. This session will focus on leadership development, advocacy strategies, strategic partnerships, and policy engagement.

Objectives/Explore



- Strengthen leadership capacity within rehabilitation.
- Share effective advocacy approaches.
- Identify collaborative actions to advance rehabilitation policy.

6. REHABILITATION ACROSS THE LIFE COURSE

Rehabilitation needs evolve throughout life—from early childhood to older age. This session will explore integrated rehabilitation across the life course, emphasizing early intervention, disability inclusion, healthy ageing, and continuity of care.

Objectives/Explore



- Promote life-course rehabilitation approaches.
- Identify gaps across different age groups.
- Recommend integrated service delivery models.

7. REHABILITATION AND NON-COMMUNICABLE DISEASES (NCDS)

The growing burden of non-communicable diseases (NCDs), including stroke, cardiovascular disease, diabetes, chronic respiratory diseases, and cancer, has increased the demand for rehabilitation services. This session will explore rehabilitation's role in improving recovery, reducing disability, preventing complications, and integrating rehabilitation into NCD prevention and management programmes.

Objectives/Explore



- Highlight rehabilitation's role in NCD management.
- Strengthen multidisciplinary care approaches.
- Recommend integration of rehabilitation into NCD services.

8. WOMEN, DISABILITY AND INCLUSIVE DEVELOPMENT

Women and girls with disabilities often face multiple forms of discrimination that limit their access to healthcare, education, employment, and rehabilitation services. This session will examine gender-responsive rehabilitation, disability inclusion, leadership opportunities, and policies that promote equal participation and inclusive development.

Objectives/Explore



- Promote gender-responsive rehabilitation.
- Identify barriers affecting women with disabilities.
- Recommend inclusive policies and programmes.

9. RESEARCH AND INNOVATION

Evidence-based practice is fundamental to improving rehabilitation outcomes and strengthening health systems. This session will explore national research priorities, implementation science, innovation, academic partnerships, digital research tools, and strategies for translating evidence into policy and practice.

Objectives/Explore



- Identify national rehabilitation research priorities.
- Strengthen collaboration between researchers and practitioners.
- Promote evidence-based innovation to improve rehabilitation services.